Take My Hand

拍數: 48

級數: Improver / Intermediate waltz

編舞者: Vivienne Scott (CAN) - October 2014

音樂: Can I Have This Dance - Vanessa Hudgens, Zac Efron & The Cast of High School Musical : (CD: High School Musical 3 - Senior Year)

#24 count intro

[1-6] STEP FORWARD, POINT, HOLD, STEP BACK, POINT, HOLD

牆數:4

- 1-2-3 Step forward on left. Point right to right side. Hold
- 4-5-6 Step back on right. Point left to left side. Hold.

Optional Styling: Reach out right hand on counts 2-3

Restart: At this point during Wall 10 (restart facing 9 o'clock)

[7-12] SAILOR STEP 1/4 TURN, SAILOR STEP

- 1-2-3 Turn 1/4 left crossing left behind right. Step right to right side. Step left to place.
- 4-5-6 Cross right behind left. Step left to left side. Step right to place.

[13-18]□STEP FORWARD, HITCH, KICK, COASTER STEP

- 1-2-3 Step forward on left. Lift right knee. Kick right forward.
- 4-5-6 Step back on right. Step left beside right. Step forward on right.

[19-24] BASIC 1/2 TURN, BASIC BACK

- 1-2-3 Step forward on left. Turn 1/2 left and step back on right. Step left beside right.
- 4-5-6 Step back on right. Step left beside right. Step right beside left.

Restarts: At this point during Wall 2 (restart facing 12 o'clock) and Wall 6 (restart facing 6 o'clock)

[25-30]□LEFT TWINKLE, 1/2 TURNING TWINKLE

- 1-2-3 Cross left over right. Rock right to right side. Recover onto left.
- 4-5-6 Cross right over left. Turn 1/4 right and step back on left. Turn 1/4 right and step right to right side.

[31-36]□LEFT TWINKLE, 3/4 TURNING TWINKLE

- 1-2-3 Cross left over right. Rock right to right side. Recover onto left.
- 4-5-6 Cross right over left. Turn 1/4 right and step back on left. Turn 1/2 right and step forward on right.

[37-42] STEP, SWEEP (over 2 counts) x 2

- 1-2-3 Step forward on left slightly across right. Sweep right out and around left over 2 counts.
- 4-5-6 Step forward on right slightly across left. Sweep left out and around right over 2 counts.

[43-48]□CROSS, BACK, BACK, CROSS, 1/4 TURN, SIDE

- 1-2-3 Cross left over right. Step back on right. Step left back and to left side
- 4-5-6 Cross right over left. Turn 1/4 right and step back on left. Step right to right side.

Ending: Section 19-24 on counts 4-6 Basic 1/2 turn left to face front

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valtz

