

Ecstasy

COPPER KNOB
STEPPERS

拍數: 32 牆數: 4 級數: Improver
編舞者: Martie Papendorf (SA) - October 2014
音樂: Fino all'estasi (feat. Nicole Scherzinger) - Eros Ramazzotti : (Album: Noi)



Start just after start of vocals on 24 counts [+/- 12 sec.]

S1: Side, Rock back fwd, Side, Together, Fwd, Step, Point

1,2,3 Step L to left side, Rock R behind L, Step L fwd,
4&5 Step R to right side, Step L next to R, Step R fwd,
6,7 Step L fwd, Point R to right side [12.00]

S2: Cross, Back ¼ right, Side, Fwd shuffle, 2 prissy walks fwd, Cross, Back ¼ right, Side, Point

8&1 Step R across L, Step L back making a ¼ turn right, Step R to right side, [3.00]
2&3 Step L fwd, Lock R behind L, Step L fwd,
4,5 Step R across L, Step L across R,
6&7 Rock R across L, Recover L back making a ¼ turn right, Step R to right side, [6.00]
8 Point L to left side [6.00]

Restart here during wall 5 facing 6.00 touching L to R on count 8

S3: Cross, Point, Back, Sweep, Rock back fwd, Fwd shuffle

1,2 Step L across R, Point R to right side,
3,4 Step R behind L, Sweep L to left side raised off floor,
5,6 Rock L back, Recover R fwd,
7&8 Step L fwd, Lock R behind L, Step L fwd [6.00]

S4: Cross, Back, Side, Cross, Step, Pivot ½ left, Rock back ¼ left, Recover

1,2,3,4 Rock R across R, Recover L back, Step R to right side, Step L across R,
5,6 Step R fwd, Make a pivot turn ½ left with weight staying on R, [12.00]
7,8 Sweep L out and rock back making a ¼ turn left, Recover R to right side [9.00]

START AGAIN

Tag: added after wall 2, facing 6.00, to Restart wall 3.

1,2,3,4 Touch L to R, Hold, Rock L to left side, Recover R to right side,
5,6 Touch L to R, Hold

Restart during wall 5 after sec. 2, facing 6.00, touching L to R on count 8.

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