It's My Party

拍數: 32

級數: Easy Beginner

編舞者: Tina Argyle (UK) - October 2014

音樂: It's My Party - Jessie J: (Single)

Count In: 16 counts from start of track.

Walk Forward R,L, R. Touch & Point Walk Back L,R,L Touch.

- 1 4 Walk forward right, left, right. Touch left toe to left side pointing right index finger in the air to right side
- 5 8 Walk back left, right, left. Touch right toe at side of left

Right Chasse Rock Back Recover. Left Chasse Rock back Recover

- 1&2 Step right to right side, close left at side of right, step right to right side
- 3 4 Rock back onto left, recover weight forward onto right
- 5&6 Step left to left side, close right at side of left, step left to left side
- 7 8 Rock back onto right, recover weight forward onto left

Jazz Box In Place. Jazz Box ¼ Turn

- Cross right over left, Step back left 1 - 2
- 3 4 Step right to right side, Step together left and slightly forward
- 5 6 Cross right over left, step back left
- 7 8 make 1/4 turn right stepping right to right side, step together with left.

Jazz Jump Forward hold Clap. Jump Back Hold Clap. Hip Rotation Left.

- &1-2 Step forward right then left, Hold and clap
- &3-4 Step back right then left, Hold and clap
- 5 8 Rotate hips anti-clockwise over 4 counts finishing with weight on left

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牆數: 4