Mamma mia Italiano

級數: Phrased Intermediate

編舞者: Patrizia Porcu (IT) & Enzo Bisbal (IT) - June 2014

音樂: Mamma mia (He's italiano) (feat. Glance) - Elena

SEQUENCE: Ax4-Bx2-Cx2 Ax4-Bx2-Cx2 Ax3-Bx2-Cx2-

Start after 16 count on vocal

拍數: 48

SIDE A: 16 Count

SECTION A1: (1-8): R VINE, TRIPLE STEP TRAVELING L FULL TURN,

- Step R side, step L behind R, step R side, point L side 1 - 2 - 3 - 4
- 5-6-7-8 Step L side, turn 1/2 L, step R side, turn 1/2 L, step L side, point R

SECTION A2: (9-16): R JAZZ BOX, ROCK R-L-R IN PLACE TURNING 1/4 L

- 1-2-3-4 Step R in place, cross L over R, step R back, step L side
- 5-6-7-8 Rock R-L-R in place (with completely weight and hip mevement) turning 1/4 L

SIDE B: 16 Count

SECTION B1: (1-8): PRISSY WALK FW R-L-R-L, MAMBO SIDE R-L

- 1-2-3-4 Prissy walk forward R-L-R-L
- 5&6 Step R side with partial weight, recover on L, close R to L
- 7 & 8 Step L side with partial weight, recover on R, close L to R

SECTION B2: (9-16): CHA CHA LOCK BACK, CHA CHA LOCK BACK, R BACK, RECOVER, R FW, TURN 1/2 L AND STEP

- 1&2 Step R back, lock L to R, step R back
- 3&4 Step L back, lock R to L, step L back
- 5-6-7-8 Step R back, recover on L, step R forward, turn 1/2 L and step L (weight on)

SIDE C: 16 Count

SECTION C1: (1-8): BOTAFOGOS L-R-L-R

- 1&2 Step R forward, rock L side, recover on R
- 3 & 4 Step L forward, rock R side, recover on L
- 5-6-7-8 **REPEAT 1-4**

SECTION C2: (9-16): POINT FW-SIDE-FW-SIDE. FORWARD, FORWARD, TURN 1/2 R. FORWARD

- 1-2-3-4 Point L FW-side-FW-side
- 5-6-7-8 Step R forward, step L forward, turn 1/2 R and put weight on R, step L forward

NOTE

Please at Ax3 count 12-16 turn 1/2 L (instead 1/4) first 2 time and stay in place the 3rd time, so you dance sequence at 12:00, 6:00, 12:00 and still on 12:00 For arm style see the video-demo

For music and any ask contact me at: patnurse2@yahoo.it Youtube channel: http://www.youtube.com/user/patnurse2

GOOD DANCING......KISSES FROM ROME.....





牆數:2