Delirious



拍數: 64

級數: Intermediate

編舞者: Lawrence Allen (USA) - October 2014

牆數: 2

音樂: Delirious (Boneless) (feat. Kid Ink) - Steve Aoki, Chris Lake & Tujamo : (Album: Neon Future I)

#48 Count Intro; Start on Lyrics "Hey, you got me...."

Syncopated Weave, Touch Behind, 3/4 L Turn, 1/4 L Shuffle Turn 1-2&-Step R To R Side, Step L Behind R, Step R To R Side 3&4-Cross L Over R, Step R To R Side, Touch L Diagonally Behind R Make 1/4 L Turn Stepping L Forward (9:00), Make 1/2 L Turn Stepping R Back (3:00) 5-6-7&8-Make 1/4 L Turn Stepping L To L Side (12:00), Step R Beside L, Step L To L Side Cross Rock-Recover, 1/4 R Shuffle Turn, L Rock-Recover, L Coaster 1-2-Cross Rock R Over L, Recover Back On L 3&4-Make 1/4 R Turn Stepping R Forward (3:00), Step L Beside R, Step R Forward 5-6-Rock L Forward, Recover Back On R 7&8-Step L Back, Step R Beside L, Step L Forward R Rock Forward, L Recover Back, Ball Change, 1/2 R Pivot, Walk, 1/2 L Turn, 1/2 L Shuffle Turn 1-Rock R Forward 2&3-Recover Back On L, Step R Back Beside L, Step L Forward 4-Make 1/2 Pivot R Turn Taking Weight Forward On R (9:00) 5-6-Step L Forward, Make 1/2 L Turn Stepping R Back (3:00) Make 1/4 L Turn Stepping L To Side, Step R Beside L, Make 1/4 L Turn Stepping L Forward 7&8-(9:00)Hop Forward-Out-Out, Hold, Hop Back-In-In, Hold, Hop Back-Out-Out, Ball Cross, 3/4 R Unwind &1-2-Hop Forward Stepping R Diagonally Forward And Stepping L Diagonally Forward, Hold 2 &3-4-Hop Back Stepping R In And Stepping L Beside R, Hold Count 4 &5-Hop Back Stepping R Diagonally Back And Stepping L Diagonally Back &6-Hop R In, Cross L Over R 7-8-Make 3/4 R Unwinding Turn While Bounding On Balls Of Both Feet (6:00) (Will End With Weight Back On L With R Crossed Over L With Knee Slightly Popped) Walk R, Walk L, 1/4 L Rock-Recover-Cross Turn, 1/2 R Turn, L Crossing Shuffle 1-2-Walk Forward R, Walk Forward L 3&4-Make 1/4 L Turn Rocking R To R Side (3:00), Recover Weight Back To L, Cross R Over L 5-6-Make 1/4 R Turn Stepping L Back (6:00), Make 1/4 R Turn Stepping R To R Side (9:00) 7&8-Cross L Over R, Step R To R Side, Cross L Over R Step-Drag, Ball Cross, 3/4 R Turn, Full L Turn 1-2-Take A Big Step With R To R Side, Drag L To R &3-Step L Beside Right, Cross R Over L 4-Make 1/4 R Turn Stepping L Back (12:00) 5-6-Make 1/2 R Turn Stepping R Forward (6:00), Step L Forward 7-8-Make 1/2 L Turn Stepping R Back (12:00), Make 1/2 L Turn Stepping L Forward (6:00) Forward Rock-Recover, Side Rock-Recover, R Sailor, Behind-Side-Cross

- 1-2- Rock R Forward, Recover Back On L
- 3-4- Rock R To R Side, Recover Back On L
- 5&6- Step R Behind L, Step L To L Side, Step R To R Side



7&8- Step L Behind R, Step R To R Side, Cross L Over R

Roll Hips R, Roll Hips L, Counter Clock Wise Hip Roll, Push Hips R, Push Hips L

- 1-2- Step R To R Side As You Roll Hips From L To R Ending With L Knee Popped
- 3-4- Step L To L Side As You Roll Hips From R To L Ending With R Knee Popped
- 5-6- Roll Hips Counter Clock Wise While Keeping Feet Shoulder Length Apart With Weight Always On L
- 7-8- Push Hips To R Transferring Weight To R, Push Hips L Transferring Weight To L

Repeat Dance And Enjoy! Thanks!!!

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