Hard To Handle



拍數: 64 編數: 4 級數: Intermediate

編舞者: Sofia (NL) - October 2014 音樂: Hard To Handle - Otis Redding **以 数**. Intermediate



Intro: start on vocals (Baby)

[1-8]□R. stomp, kick, R. coasterstep, L. stomp, kick, L. coasterstep.

RF. stomp next to LF. 2 RF. kick forward 3 RF. step backward & LF. next to RF. 4 RF. step forward 5 LF. stomp next to RF. 6 LF. kick forward 7 LF. step backward & RF. next to LF.

[9-16] step, 1/4 pivot left, cross, step back 2x, step aside, cross, heel swivels R.L.R. 1/4 turn left.

1 RF. step forward

8

8

2 LF. + RF. 1/4 turn left [9]

3 RF. cross over LF. (rotate your hands)

LF. step forward

& LF. step back
4 RF. step back
5 LF. step aside
6 RF. cross over LF.
7 LF.+RF. heels to the right

& LF.+RF. heels to the right

8 LF.+RF. heels to the right 1/4 turn left [6]

[17-24] crossrock behind, step aside, crossrock behind, step aside, behind, side, cross, R.scissorstep.

1 LF. crossrock behind RF.

& weight backLF. step aside

3 RF. crossrock behind LF.

RF. cross over LF.

& weight back4 RF. step aside

5 LF. cross behind RF.

& RF. step aside
6 LF. cross over RF.
7 RF. step aside
& LF. next to RF.

[25-32] step aside, cross, point, L. lockstep, side rock cross 2x (traveling forward)

& LF. small step aside
1 RF. cross over LF.
2 LF. point aside
3 LF. step forward
& RF. lock behind LF.
4 LF. step forward

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5
                RF. rock aside
&
                weight back
6
                RF. cross over LF.
7
                LF. rock aside
&
                weight back
8
                LF. cross over ☐ RF.
[33-40] R. heel ball step 1/8 turn right, R. heel ball cross 1/8 turn right, R. chasse 1/4 turn right, L. heel ball
point.
1
                RF. heel forward
&
                RF. next to LF.
2
                LF. 1/8 turn right step forward
3
                RF. heel forward
&
                RF. next to LF.
4
                LF. 1/8 turn right cross over RF. [9]
5
                RF. step aside
&
                LF. next to RF.
6
                RF. 1/4 turn right step forward [12]
7
                LF. heel forward
&
                LF. next to RF.
8
                RF. point
[41-48] Jazz box, step forward, L.hitch, L.coasterstep.
1
                RF. cross over LF.
2
                LF. step backward
3
                RF. step aside
4
                LF. step forward
5
                RF. step forward
6
                LF. hitch
7
                LF. step backward
&
                RF. next to LF.
8
                LF. step forward
[49-56] □ together, L. step, cross, step, R.heel ball cross, step aside, rock back, step aside, drag.
&
                RF. next to LF.
1
                LF. step forward
2
                RF. cross over LF.
&
                LF. small step aside
3
                RF. heel diagonally forward
&
                RF. next to LF.
4
                LF. cross over RF.
5
                RF. step aside
6
                LF. rock diagonally behind RF.
&
                weight back
7
                LF. step aside
                RF. drag (put your weight on RF. except when
8
you do the restart) ***
[57-64] L. sailorstep, heel swivels with 1/4 turn left, L. lockstep back, together, L. kick ball point.
                LF. cross behind RF.
1
&
                RF. step aside
2
                LF. step aside
3
                LF.+ RF. heels to the left
4
                LF.+ RF. heels to the right with 1/4 turn left [9]
5
                LF. step backward
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&	RF. lock over LF.
6	LF. step backward
&	RF.next to LF.
7	LF. kick forward
&	LF. next to RF.
8	RF.point aside

Restart: first wall after count 56 ***

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