Imagine

拍數: 32

級數: Intermediate NC

編舞者: Peter Healy (UK) - October 2014

音樂: Imagine - John Lennon

Intro – 16 count. Just before main vocals.

[1-8] Step, Mambo Forward, Coaster Cross, Side Rock, Cross Rock, Side Rock

- 1 Step forward on right foot.
- 2&3 Rock forward onto left. Recover on right foot. Step left beside right foot.
- 4&5 Step back on Right. Step left beside right. Step right across in front of left.
- 6&7& Rock left to left side. Recover on to right. Cross rock left over right. Recover weight on to right.
- 8& Rock left to left side. Recover weight on to right foot.

[9-16] Behind Side Cross, 1/4 shuffle, Step 1/2, Step, Full Turn, Rock Recover

- 1&2 Step left behind right. Step right to right. Step left over right.
- 3&4 Turning ¼ turn right, step right forward. Step left beside right. Step right forward.
- 5&6 Step forward on left. Pivot ½ turn right. Step forward on left.
- 7&8& Turning ½ turn left, Step back on right ½ turn. Turning ½ turn left, Step forward on Left. Rock forward right. Recover on left.

[17-24] Back x2, ¼ Turn Basic Nightclub, Back Rock, ¼ Turn Basic Nightclub, Sailor 1/2 Turn, ¼ Turn walk x2.

- 1&2 Walk back right, left, Turning ¼ turn right, take long step to right side.
- 3&4 Rock back on left foot, recover on right. Turning ¼ turn right, take long step to left.
- 5&6 Step right behind left turning half turn right, step left beside right. Step right Slightly forward.
- 7-8 Turning ¼. Step forward left, step forward right.

[25-32] Mambo Forward, Coaster Cross, Side Rock Cross. Hold. ¼ Turn x2 Cross, pivot ½ turn.

- 1&2 Rock forward onto left. Recover weight on to right. Step left beside right.
- 3&4 Step back on right. Step left beside right. Cross right over left.
- 5&6& Rock left to left. Recover weight on to right. Step left in front of right. Hold.
- 7&8& Turning ¼ left, step back on right ¼ turn. Turning 1/4 turn left, step left to left side. Cross right over left. Step forward on left while turning ½ turn right, to start the dance again by stepping forward on right on count 0ne.

Start Dance again.

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Last Update - 6th Nov 2014



牆數:2