Kick Start (重新開始) (zh)

拍數: 48 **牆數:** 4 **級數:** Intermediate

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音樂: Kickstart - JLS

前奏： Intro: 8 counts 8拍後起跳

第一段 **Kick Ball Point X2, Coaster Step, Pivot ½ Turn**
踢踏點二次, 海岸步, 踏轉

1&2 Kick right forward, step down on right, point left to left side
右足前踢, 右足踏, 左足左點

3&4 Kick left forward, step down on left, point right to right side
左足前踢, 左足踏, 右足右點

5&6 Step back on right, step left next to right, step forward on right
右足後踏, 左足併踏, 右足前踏

7-8 Step forward on left, ½ pivot turn right (6o/c)
左足前踏, 右軸轉180度(面向6點鐘)

第二段 **Triple ½ Turn, Coaster Step, Walks Forward, Out Out In In**
小三步轉1/2, 海岸步, 前走步, 大 大 小 小

1&2 Making a ½ turn right, triple step left, right, left
小三步右轉180度-左, 右, 左

3&4 Step back on right, step left next to right, step forward on right
右足後踏, 左足併踏, 右足前踏

5-6 Walk forward on left, walk forward on right 左足前走, 右足前走

&7&8 Step out side left, step out side right, step in on left, step in on right (12o/c) 左足左踏, 右足右踏, 左足回踏, 右足併踏(面向12點鐘)

第三段 **Walks Back, Coaster Step, ¼ Pivot Turn, Cross Back Back**
後走步, 海岸步, 踏轉1/4, 交叉 後 後

1-2 Walk back on left, walk back on right 左足後走, 右足後走

3-4 Step back on left, step right next to left, step forward on left
左足後走, 右足併踏, 左足前踏

5-6 Step forward on right, ¼ pivot turn left 右足前踏, 左軸轉90度

7&8 Cross right over left, step back on left (sticking bum out), step right next to left (9o/c)
右足於左足前交叉踏, 左足後踏(臀部後推), 右足併踏(面向9點鐘)

第四段 **Cross Back, Ball Walks Forward, Pivot ½ Turn, Full Turn**
交叉 後踏, 併 走 走, 踏 轉, 轉 轉

1-2 Cross left over right, step back on right
左足於右足前交叉踏, 左足後踏

&3-4 Step left next to right, walk forward right, walk forward left
左足併踏, 右足前走, 左足前走

5-6 Step forward on right, ½ pivot turn left 右足前踏, 左軸轉180度

7-8 ½ turn left stepping back on right, ½ turn left stepping forward on left (or 2 walks forward) (3o/c)**
左轉180度右足後踏, 左轉180度左足前踏(面向3點鐘)
簡易版：二次前走步

****From wall 5 onwards dance only first 32 counts only (I.e. sections 5 & 6 are omitted)**
從第五面牆開始只跳32拍, 也就是從第五面牆開始只跳至此, 第五及第六面牆省略不跳

第五段 **Dorothy Steps Forward, ½ Pivot Turn, Full Turn 桃樂蒂步, 1/2, 轉圈**

1-2&	Step right forward and to right diagonal, lock step left behind right, step right in place 右足右斜角前踏, 左足於右足後鎖踏, 右足踏
3-4&	Step left forward and to left diagonal, lock step right behind left, step left in place 左足左斜角前踏, 右足於左足後鎖踏, 左足踏
5-6	Step forward on right, ½ pivot turn left 右足前踏, 左軸轉180度
7-8	½ turn left stepping back on right, ½ turn left stepping forward on left (or 2 walks forward) (9o/c) 左轉180度右足後踏, 左轉180度左足前踏(面向9點鐘) 簡易版:二次前走步

第六段 **Dorothy Steps Forward, ½ Pivot Turn, Full Turn**
桃樂蒂步, 1/2, 轉圈

1-2&	Step right forward and to right diagonal, lock step left behind right, step right in place 右足右斜角前踏, 左足於右足後鎖踏, 右足踏
3-4&	Step left forward and to left diagonal, lock step right behind left, step left in place 左足左斜角前踏, 右足於左足後鎖踏, 左足踏
5-6	Step forward on right, ½ pivot turn left 右足前踏, 左軸轉180度
7-8	½ turn left stepping back on right, ½ turn left stepping forward on left (or 2 walks forward) (3o/c) 左轉180度右足後踏, 左轉180度左足前踏(面向3點鐘) 簡易版:二次前走步