Roller Coaster

拍數: 32

級數: High Improver Cha Cha

編舞者: Nicola Lafferty (UK) - November 2014

音樂: Roller Coaster - Luke Bryan : (Album: Crash My Party)

Intro:	32	Counts	
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Note: There is a Restart after count 16& on Wall 5 (See below)

[1-8] Side, Close, Step, Triple Fwd, ¼ Sweep, Cross, Side, Close

- 1,2,3 Step LF to L side, Close RF to LF, Step LF fwd
- R Triple Fwd 4&5
- 6,7 Sweep L round making 1/4 turn to R, Cross LF over RF
- 8& Step RF to R side, Close LF to RF (face 3.00)

[9-16] Side, Close, Step, Triple Fwd, ¼ Sweep, Cross, Side, Close

- 1,2,3 Step RF to R side, Close LF to RF, Step RF fwd
- 4&5 L Triple Fwd
- 6,7 Sweep R round making 1/4 turn to L, Cross RF over LF
- 8& Step LF to L side, Close RF to LF (face 12.00)
- *Restart here on Wall 5

[17-24] Figure of 8 Hips, Close, Close, Side, Hold, Ballchange, Side Close

- 1,2,3 Step LF to L side as you roll hips to L, roll hips to R, roll hips to L (try and make a figure of 8 pattern with your hips)
- Close RF to LF, Step LF in place 4&
- 5.6 Step RF to R side side, Hold
- Close LF to RF, Cross RF over LF &7
- 8& Step LF to L side, Close RF to LF

[25-32] Side, Rock Back, Recover, Walks Fwd, ½ Pivot, Rock Back Recover

- 1,2,3 Step LF to L side, Rock back on RF, Recover weight to LF
- Walk Fwd R, Walk Fwd L 4,5
- Step RF fwd, 1/2 pivot turn L keeping weight back on RF 6,7
- Rock LF a small step back, recover weight to RF 8&

Begin again

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牆數:2