NY Cha (紐約恰恰) (zh)

級數: Intermediate/Advanced

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牆數: 2

音樂: New York - Paloma Faith

- 前奏: Starts after 16 Counts 16拍後起跳
- 第一段 Side, Together, Forward, Right Lock Step, 1/2 Pivot, Step, 1/2, 1/4, Cross. 側 併 前 右前鎖步 1/2 踏 1/2 1/4 交叉
- 1-3 Step Left to Left side, step Right next to Left, step forward on Left. 左足左踏, 右足併踏, 左足前踏
- 4&5 Step forward on Right, lock Left behind Right, step forward on Right. 右足前踏, 左足於右足後鎖踏, 右足前踏
- 6-7 Pivot 1/2 turn to Left, step forward on Right.左軸轉180度, 右足前踏
- 8&1 Make 1/2 turn to Right stepping back on Left, 1/4 turn Right stepping Right to Right side, cross step Left over Right.. 右轉180度左足後踏, 右轉90度右足右踏, 左足於右足前交叉踏
- 第二段 Side Rock, Behind & Step, Rock Step, Back Back Touch. 側下沉, 後 併 前, 下沉回復, 後 後 點
- 2-3 Rock to Right side on Right, recover on Left. 右足右下沉, 左足回復
- 4&5 Cross step Right behind Left, step Left to Left side, step forward on Right. 右足於左足後交叉踏, 左足左路, 右足前踏
- 6-7 Rock forward on Left, recover on Right. 左足前下沉, 右足回復
- 8&1 Step back on Left, step back on Right, touch Left toe back. 左足後踏, 右足後踏, 左足趾後點
- 第三段 1/4, Recover, Sailor 1/2 cross, Side Rock, Sailor 1/2. 1/4 回復, 1/2水手交叉, 側下沉, 1/2水手
- 2-3 Make 1/4 turn to Left taking weight on Left, recover on Right. (rise up slightly on Count 2..down again on 3)
 - 左轉90度重心在左足(略挺), 右足回復(略蹲)
- 4&5 Make 1/4 turn to Left as you cross step Left behind Right, 1/4 turn to Left stepping Right next to Left, cross step Left over Right. 左轉90度左足於右足後交叉踏, 左轉90度右足併踏, 左足於右足前交叉踏
- 6-7 Rock to Right side on Right, recover on Left. 右足右下沉, 左足回復
- 8&1 Make 1/4 turn to Right as you cross step Right behind Left, 1/4 turn to Right stepping Left next to Right, step forward on Right. 右轉90度右足於左足後踏, 右轉90度左足併踏, 右足前踏
- 第四段 Walk, Walk, Mambo Step, Back, 1/2, Step 1/4 Cross. 走, 走, 曼波, 後, 1/2, 踏 1/4 交叉
- 2-3 Walk forward Left-Right. 前走步-左, 右
- 4&5 Rock forward on Left, recover on Right, step back on Left. 左足前下沉, 右足回復, 左足後踏
- 6-7 Step back on Right, make 1/2 turn to Left stepping forward on Left. 右足後踏, 左轉180度左足前踏
- 8&1 Step forward on Right, pivot 1/4 turn to Left, cross step Right over Left. 右足前踏, 左轉90度, 右足於左足 前交叉踏
- 第五段 1/4, 1/4, Left Lock Step, Rock, Recover, Back 1/4 Cross. 1/4 1/4 左前鎖步, 下沉回復, 後 1/4 交叉





拍數: 64

- 2-3 Make 1/4 turn to Right stepping back on Left, 1/4 turn to Right stepping Right slightly behind Left. (sit) 右轉90度左足後踏, 右轉90度右足於左足後踏(坐姿)
- 4&5 Step forward on Left, lock Right behind Left, step forward on Left. 左足前踏, 右足於左足後鎖踏, 左足前踏
- 6-7 Rock forward on Right, recover on Left. 右足前下沉, 左足回復
- 8&1 Step back on Right, make 1/4 turn to Left stepping Left to Left side, cross step Right over Left. 右足後踏, 左轉90度左足左踏, 右足於左足前交叉踏

RESTART: Wall 2 **, * IMPORTANT NOTE*

Dance Up To & Including Count 8 Section 5 (40) Then Restart Dance MAKING 1/4 TURN LEFT stepping Left to side 第二面牆跳至此, 先左轉90度接續最前面的左足左踏, 從頭起跳

- 第六段 1/4, 1/4, Sailor 1/2 Cross, Rock, Recover, Behind & Cross. 1/4 1/4, 水手1/2交叉, 下沉回復, 後併交叉
- 2-3 Make 1/4 turn to Left stepping forward on Left, 1/4 Left stepping back on Right.左轉90度左足前踏, 左 轉90度右足後踏
- 4&5 Make 1/4 turn Left as you cross step Left behind Right, 1/4 Left stepping Right next to Left, cross step Left over Right.

左轉90度左足於右足後交叉踏, 左轉90度右足併踏, 左足於右足前交叉踏

- 6-7 Rock to Right side on Right, recover on Left.右足右下沉, 左足回復
- 8&1 Cross step Right behind Left, step Left to Left side, cross step Right over Left. 右足於左足後交叉踏, 左足 左踏, 右足於左足前交叉踏
- 第七段 Side, Together, Chasse Left, Side, Together, Chasse Right. 側, 併, 左追步, 側 併, 右追步
- 2-3 Step Left to Left side, step Right next to Left.左足左踏, 右足併踏
- 4&5 Step Left to Left side, step Right next to Left, step Left to Left side. 左足左踏, 右足併踏, 左足左踏
- 6-7 Step Right to Right side, step Left next to Right.右足右踏, 左足併踏
- 8&1 Step Right to Right side, step Left next to Right, step Right to Right side. 右足右踏, 左足併踏, 右足右踏
- 第八段 1/4 Rock, Recover, Lock Step Back, Touch, Step, Step 3/4 (Side) 1/4下沉回復, 後鎖步, 點, 踏, 踏3/4
- 2-3 Make 1/4 turn to Right as you rock forward on Left, recover on Right. 右轉90度左足前下沉, 右足回復
- 4&5 Step back on Left, lock Right across Left, step back on Left. 左足後踏, 右足於左足前鎖踏, 左足後踏
- 6-7 Touch Right in front of Left, step forward on Right. 右足於左足前點, 右足前踏
- 8&(1) Step forward on Left, pivot 1/2 turn to Right, make 1/4 turn Right stepping Left to Left side. 左足前踏, 右軸轉180度, 右轉90度接續第1拍左足左踏
- TAG: END Of Wall 4 Facing Front.. 第四面牆結束面向前面牆時, 加12拍

Side, Together, Forward, Right Lock Step, 1/2 Pivot, Step, 1/2, 1/4, Cross, 1/4, Side, Cross. 側, 併, 前, 右前鎖步, 1/2, 踏, 1/2, 1/4, 交叉, 1/4, 側, 交叉

- 1-4 Step Left to Left side, step Right next to Left, step forward on Left. 左足左踏, 右足併踏, 左足前踏
- 4&5 Step forward on Right, lock Left behind Right, step forward on Right. 右足前踏, 左足於右足後鎖踏, 右足前踏
- 6-7 Pivot 1/2 turn to Left, step forward on Right.左軸轉180度, 右足前踏
- 8&1 Make 1/2 turn to Right stepping back on Left, 1/4 turn Right stepping Right to Right side, cross step Left over Rght. 右轉180度左足後踏, 右轉90度右足右踏, 左足於右足前交叉踏
- 2-4 Make 1/4 turn to Left stepping back on Right, step Left to Left side, cross step Right over Left. 左轉90度右足後踏, 左足左踏, 右足於左足前交叉踏