

# ABlast

**COPPER** KNOB  
STEPSHEETS

拍數: 24      牆數: 2      級數: Absolute Beginner  
編舞者: Ross Brown (ENG) - December 2014  
音樂: Last Call (Radio Edit) (feat. Kat DeLuna) - The Bello Boys : (Album: Last Call - EP)



Intro : □ 16 Counts (Approx. 8 Secs)

Note : □ The dance can be pronounced as “A Blast” or “A B Last”.

**VINE LEFT with TOUCH. VINE RIGHT with TOUCH.**

- 1 – 2      Step left to the left, cross step right behind left.
- 3 – 4      Step left to the left, touch right next to left.
- 5 – 6      Step right to the right, cross step left behind right.
- 7 – 8      Step right to the right, touch left next to right. (12 O’CLOCK)

**Alternative : Beginner and Improver dancers may want to change Counts [5 – 8] to a ROLLING VINE FULL TURN RIGHT.**

**SIDE, TOUCH. HEEL TWIST ¼ TURN R, KICK. SLOW COASTER STEP. KICK.**

- 1 – 2      Step left to the left, touch right next to left.
- 3 – 4      Make a ¼ turn right twisting both heels to the left, kick right foot forward.
- 5 – 6 – 7      Step back with right, step left next to right, step forward with right.
- 8      Kick left foot forward. (3 O’CLOCK)

**Arms / Hands : □ On Count 4, you can push both hands into the air.**

**WALK BACK. HITCH. WALK FORWARD. SCUFF ¼ TURN R.**

- 1 – 2 – 3      Walk back; left, right, left.
- 4      Hitch right knee up.
- 5 – 6 – 7      Walk forward; right, left, right.
- 8      Make a ¼ turn right scuffing left foot forward. (6 O’CLOCK)

**END OF DANCE!**

Contact: [ross-brown@hotmail.co.uk](mailto:ross-brown@hotmail.co.uk)