

Xi Hai Qing Ge

COPPER KNOB
STEPSHEETS

拍數: 60 牆數: 2 級數: Phrased Improver
編舞者: Jennifer Jou (TW) - November 2014
音樂: Xi Hai Qing Ge (西海情歌)



Sequence : A, A, B, B, Tag1, A, B, B, Tag2, A, Tag2, B, B
Introduction : 36 counts

Part A : 32 counts

[1-8] □ WALK FORWARD x 2, MAMBO FORWARD, WALK BACK x 2, MAMBO BACK

1 2 3&4 Step RF forward, step LF forward, rock RF forward, recover onto LF, step RF beside LF
5 6 7&8 Step LF back, step RF back, rock LF back, recover onto RF, step LF beside RF

[9-16] GRAPEVINE RIGHT, SIDE, RECOVER, CROSS, GRAPEVINE LEFT, SIDE, 1/4 TURN RIGHT, RECOVER, FORWARD

1&2& Step RF to right side, cross step LF behind RF, step RF to right side, cross step LF over RF
3&4 Step RF to right side swaying hips right, recover onto LF, cross step RF over LF
5&6& Step LF to left side, cross step RF behind LF, step LF to left side, cross step RF over LF
7&8 Step LF to left side swaying hips left, make 1/4 turn right recovering onto RF, step LF forward (3:00)

[17-24] □ CHARLESTON, SHUFFLE FORWARD, 1/2 TURN RIGHT, LOCK STEP BACK

1&2 Touch RF forward, sweep RF back, step RF back
3&4 Touch LF back, sweep LF forward, step LF forward
5&6 Step RF forward, bring LF up to the heel of RF, step RF forward
7&8 Make 1/2 turn right stepping LF back, bring RF back to the toes of LF, step LF back (9:00)

[25-32] □ ROCK BACK, RECOVER, SIDE, RECOVER, FORWARD, SIDE, RECOVER, FORWARD, FORWARD, 1/4 TURN LEFT, STOMP

1 2 Rock RF back, recover on LF
3&4 Rock RF to right side, recover on LF, step RF forward
5&6 Rock LF to left side, recover on RF, step LF forward
7&8 Step RF forward, make 1/4 turn left (weight on LF), stomp RF next to LF (6:00)

Part B : 28 counts

[1-8] □ SHUFFLE FORWARD, 1/2 TURN LEFT, SHUFFLE FORWARD, 1/4 TURN RIGHT, SHUFFLE FORWARD, 1/2 TURN LEFT, SHUFFLE FORWARD

1&2 Step RF forward, bring LF up to the heel of RF, step RF forward
3&4 Make 1/2 turn Left stepping LF forward, bring RF up to the heel of LF, step LF forward (6:00)
5&6 Make 1/4 turn right stepping RF forward, bring LF up to the heel of RF, step RF forward (9:00)
7&8 Make 1/2 turn left stepping LF forward, bring RF up to the heel of LF, step LF forward (3:00)

[9-16] □ (BIG STEP, CROSS BEHIND, RECOVER)*2, 1/4 TURN LEFT, (BIG STEP, CROSS BEHIND, RECOVER)*2

1 2& Step big step to right side on RF, cross step LF slightly behind RF, recover onto RF
3 4& Step big step to left side on LF, cross step RF slightly behind LF, recover onto LF
5 6& Make 1/4 turn left stepping big step to right side on RF, cross step LF slightly behind RF, recover onto RF (9:00)
7 8& Step big step to left side on LF, cross step RF slightly behind LF, recover onto LF

[17-24] □ DIAGONAL ROCKING CHAIR, SIDE, RECOVER, CROSS, DIAGONAL ROCKING CHAIR, SIDE, RECOVER, CROSS

- 1&2& Angle body to right diagonal rocking RF forward, recover onto LF, rock RF back, recover onto LF
- 3&4 Rock RF to right side, recover onto LF, cross step RF over LF
- 5&6& Angle body to left diagonal rocking LF forward, recover onto RF, rock LF back
- 7&8 Rock LF to left side, recover onto RF, cross step LF over RF

[25-28] □ 1/2 TURN RIGHT JAZZ BOX

- 1-4 Cross step RF over LF, make 1/4 turn right stepping LF back, make 1/4 turn right stepping RF to right side, step LF next to RF (3:00)

Tag 1 : 16 counts

[1-8] □ (STEP FORWARD, SCUFF FORWARD)x4, (1/4 RIGHT FORWARD, LOCK)x3, 1/4 RIGHT FORWARD

- 1&2& Step RF forward, scuff LF forward, step LF forward, scuff RF forward
- 3&4& Step RF forward, scuff LF forward, step LF forward, scuff RF forward
- 5&6& Make 1/4 turn right stepping RF forward, lock LF behind RF, make 1/4 turn right stepping RF forward, lock LF behind RF (6:00)
- 7&8 Make 1/4 turn right stepping RF forward, lock LF behind RF, make 1/4 turn right stepping RF forward (12:00)

[9-16] □ (STEP BACK, TOGETHER)x4, (1/4 RIGHT FORWARD, LOCK)x3, 1/4 RIGHT FORWARD

- 1&2& Step LF back, step RF next to LF, step RF back, step LF next to RF
- 3&4& Step LF back, step RF next to LF, step RF back, step LF next to RF
- 5&6& make 1/4 turn left stepping LF forward, lock RF behind LF, make 1/4 turn left stepping LF forward, lock RF behind LF (6:00)
- 7&8 Make 1/4 turn left stepping LF forward, lock RF behind LF, make 1/4 left turn stepping LF forward (12:00)

Tag 2 : 4 counts

[1-4] □ STEP, TOUCH, STEP, TOUCH

- 1-4 Step RF to right side, touch LF next to Rf, step LF to left side, touch RF next to Lf

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