

# All About That Bass

**COPPER KNOB**  
STEPPERS

拍數: 32      牆數: 4      級數: Beginner / Improver  
編舞者: Yvonne (Krause) Halsey (USA) - October 2014  
音樂: All About That Bass - Meghan Trainor



## (32 Count Intro)

### [1-8] □ STEP BACK HITCH, STEP BACK KICK, COASTER STEP, W/SWEEPING 1/2 TURN LEFT □ □

- 1-4      Step back on right, hitch left knee, step back on left, kick right foot forward.  
5-7      Step back on right, step left beside right, step forward on right.  
8      Sweep left foot toward back as you do a ½ turn left.

### [9-16] □ □ COASTER, POINT, STEP POINT, STEP POINT

- 1-4      Step back on left, step right beside left, step forward on left, point right to right side.  
5-8      Step forward right, point left to left side, step forward left, point right to right side.

### [17-24] □ BEHIND SIDE CROSS KICK, BEHIND SIDE CROSS KICK

- 1-4      Right behind left, step left to left side, cross right over left, kick left on the diagonal.  
5-8      Left behind right, step right to right, cross left over right, kick right on the diagonal.

### [25-32] □ □ COASTER W/1/4 TURN RIGHT, JUMP FORWARD, JUMP BACK

- 1-2      Step back on right as you make ¼ turn right, step left next to right.  
3-4      Step forward on right and hold.  
&5-6      Jump forward left foot lead, clap as you hold.  
&7-8      Jump back right foot lead, clap as you hold.

## May You Always Dance Like No One Is Watching

Contact: [ykrause@yahoo.com](mailto:ykrause@yahoo.com)