Feel Right (感覺對了) (zh)

拍數: 68 **牆數:** 2 **級數:** Improver
編舞者: Robbie McGowan Hickie (UK) - 2010年01月
音樂: Feel Right - Tanya Tucker

前奏： 16 count intro 16拍後起跳

第一段 **Chasse, Back Rock, 1/4 Turn x2, Cross, Flick**
追步, 後下沉, 1/4 1/4, 交叉, 抬

1&2 Step right to right side. Close left beside right. Step right to right side. 右足右踏, 左足併踏, 右足右踏

3-4 Rock back on left. Rock forward on right.
左足後下沉, 右足前回復

5-6 Make 1/4 turn right stepping left back. Make 1/4 turn right stepping right to side. 右轉90度左足後踏, 右轉90度右足右踏

7-8 Cross left over right. Flick right heel slightly up behind left leg. (6:00) 左足於右足前交叉踏, 右足踵略後抬(面向6點鐘)

第二段 **Chasse, Back Rock, 1/4 Turn x2, Cross, Flick**
追步, 後下沉, 1/4 1/4, 交叉, 抬

1&2 Step right to right side. Close left beside right. Step right to right side. 右足右踏, 左足併踏, 右足右踏

3-4 Rock back on left. Rock forward on right.
左足後下沉, 右足前回復

5-6 Make 1/4 turn right stepping left back. Make 1/4 turn right stepping right to side. 右轉90度左足後踏, 右轉90度右足右踏

7-8 Cross left over right. Flick right heel slightly up behind left leg. (12:00) 左足於右足前交叉踏, 右足踵略後抬(面向12點鐘)

第三段 **Side Rock, Heel Grind Step Left, Behind, Side, Cross Rock**
側下沉, 踵轉 左踏, 後, 側, 交叉下沉

1-2 Rock right out to right side. Recover onto left.
右足右下沉, 左足回復

3-4 Cross right heel over left. Grind right heel right whilst stepping left to left side. 右足踵於左足前交叉踏, 右足踵右轉左足左踏

5-6 Cross right behind left. Step left to left side.
右足於左足後交叉踏, 左足左踏

7-8 Cross rock right over left. Rock back on left.
右足於左足前交叉踏, 左足後下沉

第四段 **Toe Strut 1/4 Turn, Toe Strut 1/2 Turn, Back Rock, Kick Ball Cross**
趾踵轉1/4, 趾踵轉1/2, 後下沉, 踢併交叉

1-2 Make 1/4 turn right stepping right toe forward. Drop right heel taking weight. 右轉90度右足趾前點, 右足踵踏

3-4 Make 1/2 turn right stepping left toe back. Drop left heel taking weight. 右轉180度左足趾後踏, 左足踵踏

5-6 Rock back on right. Rock forward on left.
右足後下沉, 左足前下沉

7&8 Kick right forward. Step right beside left. Cross left over right. (9:00) 右足前踢, 右足併踏, 左足於右足前交叉踏(面向9點鐘)

第五段 Figure Eight Grapevine 8字形藤步

1-3 Step right to side. Cross left behind right. Make 1/4 turn right stepping right forward.
右足右踏, 左足於右足後交叉踏, 右轉90度右足前踏

4-6 Step left forward. Pivot 1/2 turn right. Make 1/4 turn right stepping left to side. 左足前踏, 右軸轉180度, 右轉90度左足左踏

7-8 Cross right behind left. Make 1/4 turn left stepping left forward. (6:00) 右足於左足後交叉踏, 左轉90度左足前踏(面向6點鐘)

第六段 Forward Rock, Back, Cross, 1/4 Turn x2, Walk, Walk
前下沉, 後, 交叉, 1/4 1/4, 走 走

1-2 Rock forward on right. Rock back on left.
右足前下沉, 左足後下沉

3-4 Step right back. Cross left over right.
右足後踏, 左足於右足前交叉踏

5-6 Make 1/4 turn left stepping right back. Make 1/4 turn left stepping left forward. 左轉90度右足後踏, 左轉90度左足前踏

7-8 Walk forward right. Walk forward left. (12:00)
右足前走, 左足前走(面向12點鐘)

第七段 Forward Shuffle, Step, Pivot 1/2, Toe Strut, Step, Pivot 1/2
前交換, 踏, 轉, 趾踵, 踏, 轉

1&2 Step right forward. Close left beside right. Step right forward.
右足前踏, 左足併踏, 右足前踏

3-4 Step left forward. Pivot 1/2 turn right. (6:00)
左足前踏, 右軸轉180度(面向6點鐘)

5-6 Step left toe forward. Drop left heel taking weight and clap.
左足趾前踏, 左足踵踏拍手

7-8 Step right forward. Pivot 1/2 turn left. (12:00)
右足前踏, 左軸轉180度(面向12點鐘)

第八段 Cross, Point, Cross, Point, Jazz Box 1/4 Turn
交叉, 點, 交叉, 點, 爵士方塊轉1/4

1-2 Cross right forward over left. Point left toe out to left side.
右足於左足前交叉踏, 左足趾左點

3-4 Cross left forward over right. Point right toe out to right side.
左足於右足前交叉踏, 右足趾右點

5-6 Cross right over left. Make 1/4 turn right stepping left back.
右足於左足前交叉踏, 右轉90度左足後踏

7-8 Step right to right side. Step left forward. (3:00)
右足右踏, 左足前踏(面向3點鐘)

第九段 Jazz Box Cross 1/4 Turn 爵士方塊轉1/4

1-2 Cross right over left. Make 1/4 turn right stepping left back.
右足於左足前交叉踏, 右轉90度左足後踏

3-4 Step right to right side. Cross left over right. (6:00)
右足右踏, 左足於右足前交叉踏(面向6點鐘)