Nice Days

1-2

3-4

5-6 7-8

1-2

3-4

5-6 7-8

1-2

3-4

5-6

7-8

3-4

5-6

7-8

1-2

3-4

5-6 7-8

1-2

3-4

5-6

7-8

1-2

3-4

5-6

7-8

1-2

3-4

5-6

7-8

Cross Left Over Right, Hold

Step Right To Right Side, Stomp Up Left Beside Right

Step Left To Left Side, Stomp Up Right Beside Left



拍數: 64 牆數: 2 級數: Intermediate 編舞者: Adriano Castagnoli (IT) - December 2014 音樂: Country Side of Mine - Steven Padilla KICK FORWARD, STOMP UP, KICK SIDE, SCUFF, GRAPEVINE RIGHT, STOMP UP Kick Right Forward, Stomp Up Right Beside Left Kick Right To Right Side, Scuff Right Beside Left Step Right To Right Side, Cross Left Behind Right Step Right To Right Side, Stomp Up Left Beside Right KICK FORWARD, STOMP UP, KICK SIDE, SCUFF, GRAPEVINE LEFT, SCUFF Kick Left Forward, Stomp Up Left Beside Right Kick Left To Left Side, Scuff Left Beside Right Step Left To Left Side, Cross Right Behind Left Step Left To Left Side, Scuff Right Beside Left CROSS, TOUCH TOE, BACK, KICK, ROCK BACK RIGHT, STOMP (TWICE) Cross Right Over Left, Touch Left Toe Behind Right Step Left Back, Kick Right Forward Jumping Rock Back On Right And Kick Left Forward, Return On Left Stomp Up Right Beside Left, Stomp Right Forward HEELS FAN, TURN 1/2 LEFT, HOLD, TURN 1/2 LEFT AND ROCKING CHAIR FORWARD LEFT Swivel Both Heels To Right Side, Return Both Heels To Centre Swivel Both Heels To Right Side And Turn 1/2 Left (Weight On Right), Hold Turning 1/2 Left On Right And Rock Forward On Left, Return On Right Rock Back On Left, Return On Right GRAPEVINE LEFT, POINT RIGHT, TURN 1/4 RIGHT & HEEL STRUT, TURN 1/2 RIGHT & TOE STRUT Step Left To Left Side, Cross Right Behind Left Step Left To Left Side, Point Right Toe To Right Side Turn 1/4 Right And Step Forward On Right Heel, Drop Right Toe Taking Weight Turn 1/2 Right On Right And Step Back On Left Toe, Drop Left Heel Taking Weight 2 SCOOT & TURN 1/4 RIGHT, STEP, POINT LEFT, TURN 1/4 LEFT & HEEL STRUT, STOMP UP (TWICE) Turning 1/4 Right With Two Jump On Left While Hitching Other Knee Step Right To Right Side, Point Left Toe To Left Side Turn 1/4 Left And Step Left Forward On Left Heel, Drop Left Toe Taking Weight Stomp Up Right Beside Left (Twice) TURN 1/4 RIGHT, SCUFF, VAUDEVILLE RIGHT, TOUCH TOE, TURN 1/2 RIGHT Turn 1/4 Right And Step Right Forward, Scuff Left Forward Cross Left Over Right, Step Right Diagonally Back Touch Left Toe Diagonally Forward, Step Left On Place Touch Right Toe Back, Turn 1/2 Right SCISSOR LEFT, HOLD, RIGHT SIDE, STOMP UP, LEFT SIDE, STOMP UP Step Left Diagonally Back, Step Right Back

REPEAT

TAG: Performed after 7th repetition MONTEREY 1/2 TURN RIGHT

1-2 Touch Right Toe To Right Side, On Ball Of Left Make 1/2 Turn Right Stepping Right Beside

Left

3-4 Touch Left Toe To Left Side, Step Left Beside Right (Taking Weight On Left)