Messing About



拍數: 48 牆數: 1 級數: Beginner / Improver

編舞者: Gordon Timms (UK) - January 2015

音樂: Mess O' Blues - Jeff Healey: (CD: Mess O' Blues)



Start the dance after 16 counts intro!

** As with all Jive moves... keep the steps nice and 'bouncy' and please take small steps!

SECTION 1: KICK, KICK, TOUCH, KICK, COASTER STEP, PIVOT HALF TURN RIGHT

1 - 2	Low kick right toe forward, low kick right to side at 4	150
1 - 2	LOW KICK HOLL LOG TOTWARD. TOW KICK HOLL TO SIDE AL 4	٠Oٽ

3 - 4 Touch right toe next to left instep, Low kick right toe forward.

5 & 6 Short step back on the right, step left next to right, step right slightly forward.

7 - 8 Take a short step forward left, pivot half turn right keeping weight on right. Faces 6.00

SECTION 2: TKICK, KICK, TOUCH, KICK, COASTER STEP, PIVOT HALF TURN LEFT

	1 - 2	Low kick left toe	forward. low ki	ck left to side at 45°
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3 - 4 Touch left toe next to left instep, Low kick left toe forward.

5 & 6 Short step back on the left, step right next to left, step left slightly forward.

7 - 8 Take a short step forward right, pivot half turn left keeping weight on left. Faces 12.00

SECTION 3:□RIGHT SIDE CHASSÉ, ROCK BACK, RECOVER, LEFT SIDE CHASSÉ, ROCK BACK, RECOVER

1 & 2	Step right to right side	. close left	t next to riaht.	step right to right side.

3 - 4 Rock back on the left foot, recover weight on to the right.

5 & 6 Step left to left side, close right next to left, step left to left side.

7 - 8 Rock back on the right foot, recover weight on to the left. Faces 12.00

SECTION 4: ☐TWO PVOT HALF TURNS (OR ROCKING CHAIR) RIGHT KICK BALL CHANGE X 2

1 - 2	2	Гak	e a s	hort	step	forward	right,	pivot	half	turn	left	keeping	weight	on left	
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3 - 4 Take a short step forward right, pivot half turn left keeping weight on left

5 & 6 Low kick right toe forward, step right next to left, slight lift and replace weight on to left.

7 & 8 Low kick right toe forward, step right next to left, slight lift and replace weight on to left.. Faces

12.00

RESTART HERE – walls 3 and 7 \square

SECTION 5:□SIDE STEP, CROSS, POINT, CROSS, SIDE CHASSÉ RIGHT, ROCK BACK, RECOVER

4 0	Otalia miadat ta miadat a iala	Cusas laft successible
1 - 2	Step right to right side,	Cross left over right

3 - 4 Point left toe back to left side, Cross left over right.

5 & 6
Step right to right side, close left next to right, step right to right side
7 - 8
Rock back on the left foot, recover weight on to the right. Faces 12.00

SECTION 6:□SIDE STEP, CROSS, POINT, CROSS, SIDE CHASSÉ LEFT, ROCK BACK, RECOVER.

1 - 2 Step left to left side, Cross right over left

3 - 4 Point right toe back to right side, Cross right over left

5 & 6 Step left to left side, close right next to left, step left to left side.

7 - 8 Rock back on the right foot, recover weight on to the left. Faces 12.00

RESTART AFTER 32 COUNTS - ON WALLS - 3 and 7

FINISH:□Dance will finish after 32 counts on the kick ball change... just do one of them and then pose!!

Line Dance Latin with Gordon & Glenys (UK) http://www.linedancelatin.co.uk
Home: +44 (0)1793 490697 - Mobile: +44 (0)7787 383059 - E-Mail: thelatindancers@yahoo.co.uk

