

Eres Mi Nina

COPPER KNOB
STEPSHEETS

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Amy Yang (TW) - January 2015
音樂: Eres Mi Niña - Valentino



Intro : 32 counts

Sec . 1: CROSS, SIDE, BEHIND, SWEEP, BEHIND, SIDE, CROSS, TOUCH

1 – 4 Cross RF over LF, Step LF to L, Cross RF behind LF, Sweep LF form out to back
5 – 8 Cross LF behind RF, Step RF to R, Cross LF over RF, Touch RF beside LF with hip bump

Sec . 2: ROCKING CHAIR, TOE STRUT(R&L)

1 – 4 Step RF forward, Recover onto LF, Step RF back, Recover onto LF
5 – 6 Touch RF toe forward with hip bump, Step RF heel down
7 – 8 Touch LF toe forward with hip bump, Step LF heel down

Sec . 3: FORWARD, 1/4 TURN L, CROSS, POINT, CROSS, POINT, BACK, RECOVER

1 – 4 Step LF forward, 1/4 turn L stepping on LF , Cross RF over LF, Point LF to L (09:00)
5 – 8 Cross LF over RF, Point RF to R, Step RF back, Recover onto LF

Sec. 4: PADDLE 1/4 TURN x2(Option:roll your hip counterclockwise in the turn), JAZZ BOX

1 – 4 Step RF forward, 1/4 turn L stepping on LF, Step RF forward, 1/4 turn L stepping on LF (03:00)
5 – 8 Cross RF over LF, Step LF back, Step RF to R, Cross LF over RF

Sec. 5: STEP, BESIDE, FORWARD, TOUCH(R&L)

1 – 4 Step RF to R, Step LF beside RF, Step RF forward, Touch LF beside RF with hip bump
5 – 8 Step LF to L, Step RF beside LF, Step LF forward, Touch RF beside LF with hip bump

Sec . 6: ROCKING CHAIR, TOE STRUT(R&L)

1 – 4 Step RF forward, Recover onto LF, Step RF back, Recover onto LF
5 – 6 Touch RF toe forward with hip bump, Step RF heel down
7 – 8 Touch LF toe forward with hip bump, Step LF heel down

Sec . 7: FORWARD, RECOVER, TRIPLE 1/2 TURN R, 1/2 TURN R BACKWARD, SHUFFLE, BACK, RECOVER

1 – 2, 3 & 4 Step RF forward, Recover onto LF, 1/4 turn R stepping on RF , Step LF beside RF, 1/4 turn R stepping forward on RF(09:00)
5 & 6, 7- 8 1/2 turn R stepping backward on LF, Step RF backward, Step LF backward, Step RF back, Recover onto LF(03:00)

Sec. 8: WALK FORWARD (R, L, R), TOUCH, WALK BACKWARD (L, R, L), TOUCH

1 - 4 Walk forward R, L, R, Touch LF beside RF with hip bump
5 - 8 Walk backward L, R, L, Touch RF beside LF with hip bump s

Tag/Restart : During wall 3, After 32 counts - Add 4 counts (facing 09 : 00)
TOE STRUT(R&L)

1 – 2 Touch RF toe forward and hip bumps, Step RF heel down
3 – 4 Touch LF toe forward and hip bumps, Step LF heel down

Restart : During wall 6, After 32 counts(facing 06 : 00)

I dedicate this dance to Nina Chen.
Have Fun & Happy Dancing!

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