Mad About You



拍數: 48 牆數: 2 級數: Phrased Intermediate

編舞者: Scott Schrank (USA) - January 2015

音樂: Mad About You - Hooverphonic: (CD: The Magnificent Tree - iTunes)



Intro: 32 Count Intro (23 Seconds In)

Sequence: Restarts: (A,B,A,B, (A Restart W/ 1/2 turn),A,A,(A Restart W 1/2 turn),A,B,B,1/2 B)

Section A: 32 counts

[1-7] □CROSS, SIDE-ROCK, CROSS, SIDE-ROCK, CROSS, TURN-TURN-SWEEP

1-2& Cross step RF over LF (1), Rock LF to left side (2), Recover weight to RF (&)
3-4& Cross step LF over RF (3), Rock RF to right side (4), Recover weight to LF (&)

5-6 Cross step RF over LF (5), Make 1/4 turn right stepping L foot back (6)

&7 Make 1/4 turn right stepping RF forward (&), Make 1/4 turn right stepping LF left while

sweeping RF behind LF (7) [9:00]

[8-16&] BEHIND-SIDE-CROSS, ROCK-RECOVER-CROSS-TURN-TURN-STEP, SWAY FORWARD, SWAY BACK, SWAY FORWARD, STEP-PIVOT 1/4

8&1 Step RF behind LF (8), Step LF left (&), Cross RF over LF (1)

2&3 Rock LF to left side (2), Recover weight to RF (&), Cross step LF over RF (3)

&4& Make 1/4 turn left stepping RF back (&), Make 1/2 turn left stepping LF forward (4), Step RF

forward (&)

5-7 Step and sway forward on LF (5), Sway back on RF foot (6), Sway forward on LF (7) [12:00]

*8&□Step RF forward (8), Pivot 1/4 turn left on balls of feet (&) (Weight the LF) [9:00]

*Restart here after you finish Sections A and B twice, and again after you do Section A two more times. (Pivot 1/2 turn on the "&" count instead of 1/4 turn so the Restart will happen first on the back wall, then the second time on the front wall)

The next count is the first count of Section A.

[17-23&] SWEEP FRONT, CROSS-SIDE, SWEEP BACK, BEHIND-TURN-STEP, STEP-PIVOT-SIDE

1-2&	Step RF forward as you sweep LF over RF (1), Step LF over RF (2), Step RF slightly right (&)
3-4&	Step LF back as you sweep RF behind LF (3), Step RF behind LF (4), Make 1/4 turn left
	stenning LF □forward (&) [6:00]

stepping LF ⊔torward (&) [b:∪∪]

5-6& Step RF forward (5), Step LF forward (6), Pivot 1/2 turn right on balls of feet (&)

7 Make 1/4 turn right stepping LF long to the left (7) [3:00]

[24-32&] ROCK-RECOVER-STEP, STEP-LOCK-STEP, STEP-PIVOT-SIDE, BEHIND-SIDE-CROSS, ROCK-RECOVER

8&1	Rock RF slightly behind LF (8), Recover weight to LF (&), Step RF forward (1)

2&3 Step LF forward (2), Lock RF behind LF (&), Step LF forward (3)

4&5 Step RF forward (4), Pivot 1/2 turn left on balls of feet (&), Make 1/4 turn left stepping RF

right (5) [6:00]

6&7 Step LF behind RF (6), Step RF right (&), Cross step LF over RF (7)

8& Rock RF right (8), Recover weight to LF (&)

Section B: 16 counts

[1-8&]□SWEEP, CROSS-TURN-SWEEP, BEHIND-TURN-SIDE, BEHIND-CROSS-SIDE, ROCK-RECOVER

1-2&	Step RF forward as you sweep LF over RF (1), Cross step LF over RF (2), Make 1/4 turn left	
	stenning slightly back on RF (&) [3:00]	

stepping slightly back on RF (&) [3:00]

3-4& Step LF back sweeping RF behind LF (3), Step RF behind LF (4), Make 1/4 turn left stepping

LF forward (&) [12:00]

5-6& Step RF long to right (5), Step LF behind RF (6), Cross step RF over LF (&)

7-8& Step LF long to left (7), Rock straight back on RF (8), Recover weight to LF (&)

[9-16&]□SWEEP, CROSS-TURN-SWEEP, BEHIND-TURN-SIDE, BEHIND-CROSS-SIDE, ROCK-RECOVER

1-2&	Step RF forward as you sweep LF over RF (1), Cross step LF over RF (2), Make 1/4 turn left stepping slightly back on RF (&) [9:00]
3-4&	Step LF back sweeping RF behind LF (3), Step RF behind LF (4), Make 1/4 turn left stepping LF forward (&) [6:00]
5-6&	Step RF long to right (5), Step LF behind RF (6), Cross step RF over LF (&)
7-8&	Step LF long to left (7), Rock straight back on RF (8), Recover weight to LF (&)

Finish: After doing Section B twice, do only 1/2 of B again. This puts you at the front wall. The music slows slightly the last time you do B. Finish the dance by stepping out to the right and pose.

Contact: Scott Schrank - sschrank@bellsouth.net - Web: http://www.scottschrank.com