Love Runs Out

拍數: 48

級數: Beginner

編舞者: Vinny Nielsen (USA) - June 2014

音樂: Love Runs Out - OneRepublic : (Album: Single - iTunes.)

Intro: "32 counts"

Toe Struts Right(2), Right Side Rock/Recover, Right Cross and Cross

- 1,2, 3,4, Right Toe-heel to the right, Left Cross over Right Toe-heel,
- 5,6,7 & 8 Right Side rock/Recover onto Left, Right step over Left, Left step Left, Right step over Left

Toe Struts Left(2), Left Side Rock/Recover, Left Cross and Cross*

- 1,2,3,4, Left Toe-Heel to the left, Right Cross over Left Toe-Heel,
- 5,6,7 & 8 Left Side Rock/Recover onto Right, Left step over Right, Right step Right, Left step over Right

Right Forward Rock/Recover, Coaster Step, Left Forward Rock/Recover, Coaster Step

- 1,2, Right Forward Rock/Recover,
- 3 & 4, Right step back, Left step beside, Right Step forward,
- Left Forward Rock/Recover, Left step back, Right step beside, Left step forward. 5,6,
- 7 & 8 Left step back, Right step beside, Left step forward.

Right Monterey Turn, Right Monterey Turn

- Right Touch to side, ½ turn to the right as Right step together, Left Touch to the side, Left 1,2,3,4, together.
- Right Touch to side, ¹/₂ turn to the right as Right step together, Left Touch to the side, Left 5.6.7.8 together.

Right Kick ball Change, Right Kick Ball Change, Right Jazz Box with a ¼ turn Right.

- Kick Right, step together on Right Ball of foot lifting Left foot, step Left together, 1 & 2,
- 3 & 4. Kick Right, step together on Right Ball of foot lifting Left foot, step Left together,
- 5.6.7.8 Step Right over Left, Step back on Left, Step ¼ turn right onto Right, Step Left together.

Hip Bumps: R,R,L,L,R,L,R,L

- Step Right slightly forward as you bump hips to right twice, Bump hips to the left twice, 1,2,3,4,
- 5.6.7.8 Bump hips right - left - right - left.

*Wall 7, Tag and Restart:

After 16 counts, sway right – left – right – left. Restart.

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牆數:4