

# A Little Girl Power

**COPPER** KNOB  
STEPSHEETS

拍數: 32      牆數: 2      級數: Easy Intermediate  
編舞者: Carol Cotherman (USA) - January 2015  
音樂: Woman's World - Cher



This is an easy alternative to use as a floor split with "Girl Power" by Ward, McLaughlin, & Vane. The dance is a beginner's dance, but I've classified it as Easy Intermediate because of the 2 Restarts and 1 Tag. The final 8 counts of this dance are the same as "Girl Power".

**Intro: 16-count intro**

**Side, Behind, ¼ Turn, Step, ½ Pivot Turn, Step, Lock, Step**

1-2-3-4      Step right to side, step left behind right, ¼ right stepping right forward, step left forward  
5-6-7-8      ½ Pivot turn right (weight to right), step left forward, lock right behind left, step left forward (9:00)

**Step, Hitch, Touch, Hitch, Step, Touch, Step, 1/4 Turn**

1-2-3-4      Step right forward, hitch left knee (twisting upper body left), touch left back, hitch left knee (twist upper body left; you can bend arms at elbow and pump fists)  
5-6-7-8      Step left back, touch right toe back, step right forward, 1/4 pivot turn left (weight to left) (6:00)

**Walk, Walk, Walk, Touch, Back, Back, Back, Touch**

1-2-3-4      Walk forward right, left, right, touch left to side  
5-6-7-8      Walk back left, right, left, touch right toe beside left

**Optional arm movements: When lyrics say, "I'm stronger...", flex both biceps as you walk forward and back.**

**Side Rock, Recover, Cross, Hold, Side Rock, Recover, Cross, Hold**

1-2-3-4      Rock right to side, recover on left, cross right over left, hold  
5-6-7-8      Rock left to side, recover on right, cross left over right, hold

**Arm Movements: On counts 3-4 & 7-8, arms go up and out when the lyrics say "Woman's World".**

**REPEAT**

**Restart on Walls 2 and 6 after 24 counts facing 12:00 each time**

**TAG: 4-Count Tag after Wall 11 facing 6:00**

On count 1, step right to side with left hand on hip and right arm extended up with fist. Hold for 3 counts. Start dance again.

**Note: During tag weight should be evenly distributed on both feet, but you must do a quick weight transfer to the left before starting the dance again.**

**Ending: Dance ends facing 12:00. Step to right and strike the same pose as the Tag.**

**Contact: [topcat1217@windstream.net](mailto:topcat1217@windstream.net)**