

Got Me Good !!!

COPPER KNOB
STEPPERS

拍數: 64 牆數: 2
編舞者: Steven Huang - January 2015
音樂: Got Me Good - Ciara

級數: Intermediate / Advanced



Dance Sequence ABB, ABB, ABB, AB till END
SKIP 8 Counts from First Phrase Rap....then Rap DANCE

PART A - Rap DANCE 16 counts.....

1-4 Shake butt to R x 3 times, hinge L face L with both fist punch down to L
5-8 Shake butt to L x 3 times, hinge R face R with both fist punch down to R

1-4 Shake Stomach Out to R, Shake Stomach Out to L x 2 times
(Walking towards front)

5-6 Drag R back facing 1/8 L with L slide together (10 o'clock)
7-8 Drag L back facing 1/8 R with R slide together (2 o'clock)

**** Remember to Square Up Facing 12 o'clock BEFORE Start PART B ****

PART B – 64 counts

SQ1: Hinge with Knee Twist, Knee recover with Kick, Behind-Side-Cross with Heel Twist

1-2 Hinge R (Lift R hand with Fist Facing L) with twist R knee in to L
(Face look L with R palm down by lifting L hand with fist Facing R)
3-4 Knee back to centre (with L palm beside L), kick R to R Facing 1/8
5&6 Step R Behind L, Step L to L, Step R Cross L with
7-8 Heel Twist Out In (Weight on R) (12 o'clock)

SQ2: Hinge with Knee Twist, Knee recover with Kick, Behind

Side Cross with Heel Twist
1-2 Hinge L (Lift L hand with Fist Facing R) with twist L knee in to R
(Face look R with L palm down by lifting R hand with fist Facing L)
3-4 Knee back to centre (with R palm beside L), kick L to L Facing 1/8
5&6 Step L Behind R, Step R to R, Step L Cross R with
7-8 Heel Twist Out In (Weight on L) (12 o'clock)

SQ3: Step Back ½ turn Right Coaster Step, Rock Recover Hook, Shuffle Forward

1-2 Step forward with R, make a ½ turn R stepping back with L
3&4 Step back with R, step L next to R, step forward with R
5-6 Rock Forward with L, Recover onto R slightly Hooking L
7&8 Step Forward with L, close R up to L, Step forward with L (6 o'clock)

SQ4: Side, Behind, ¼ Turn R, Pivot ¼ Turn R, Cross, Step ½ Turn L, Step, Side Rock Cross, Together Hinge

1-2& Step R to R, Step L Behind R, ¼ Turn R Step Fwd on R (9 o'clock)
3&4 Step Forward on L, Pivot ¼ Turn R, Cross L Over R (12 o'clock)
5-6 Step R to R Side ½ Turn L, Step L to L (6 o'clock)
7&8 Rock R to R Side, Recover on L, Cross R Over L
&1 Step L Next to R, Hinge R (6 o'clock)

SQ5: Rock Forward, Recover, Behind Side Cross, Rock side with ¼ Turn, Step back Together

2-3 Rock step R forward, Recover L
4&5 Step R behind L, Step L to L side, Step R across L
6-7 Step L to R, Turn ¼ L and recover weight onto R (9 o'clock)
8& Step L back, Step R beside L (9 o'clock)

SQ6: Anchor Back Step, Back, Anchor Front Step, Front, Side ¼ Turn Left, Step, Behind Side Cross

1&2-3 Rock L behind R, Recover R, Rock L behind R, Step back R
4&5 Rock L across R, Recover R, Step forward L
6 Make ¼ turn L Step R to R
7&8 Cross Step L behind R, Step R to R, Cross L over R (6 o'clock)

SQ7: ¼ Turn R Step Touch, Step Touch, Behind, Forward, Rock, Recover, Back Shuffle

1-2 ¼ turn R Step R to R, touch L next to R (9 o'clock)
&3&4 Step L to the L, touch R next to L, Step back R, Step forward L
5,6,7&8 Rock forward R, Recover L, Shuffle back; RLR

SQ8: Cross, Rock Together x 2, Step Forward Pivot ½ Turn, Step Rocking Step, ¼ Turn R Step Side, Touch Together

1-2& Cross L over R, Rock back onto R, Step L Together R
3-4& Cross R over L, Rock back onto L, Step R Together L
5& Step L Forward Pivot ½ turn R, Step R Forward (3 o'clock)
6&7& Step L Forward, Rock back onto R, Step L back, Rock Forward R (&)
8& Turn ¼ R Step L Side, Touch R Together (6 o'clock)

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