A Cheerleader

拍數: 32

級數: High Beginner

編舞者: Edwin P Napitu (NL) - February 2015

音樂: Cheerleader (Felix Jaehn Remix) - Omi

SIDE TOGETHER, CHASSE, HIPS SWAYS

- 1 2 Step R to right side, step L beside R
- 3 & 4 Step R to right side, step L beside R, step R to right side
- 5 6 Step L forward/sway L hips forward, sway R hips back
- 7 8 Sway L hips forward, sway R hips back

SIDE, BEHIND, CHASSE, JAZZ BOX ½ TURN R

- 1 2 Step L to left side, cross R behind L
- 3 & 4 Step L to left side, step R beside L, step L to left side
- 5 6 Cross R over L, ¼ turn right/step L back
- 7 8 ¼ turn right/step R to right side, cross L over R

DIAGONAL STEP LOCK STEP (R,L), JAZZ BOX

- 1 & 2 Step R diagonal forward, lock L behind R, step R diagonal forward
- 3 & 4 Step L diagonal forward, lock R behind L, step L diagonal forward
- 5 6 Cross R over L, step L behind
- 7 8 Step R to right side, cross L over R

ROCK STEP, TOE STRUT BACKWARDS, BACK SHUFFLE, BACK ROCK

- 1 2 Rock R forward, recover on L
- 3 4 Step R toe behind, drop R heel to floor
- 5 & 6 Step L back, step R next to L, step L back
- 7 8 Rock R behind, recover on L

Restart : During 2nd and 5th wall (after 16 count) # 2nd wall (12:00) and 5th wall (06:00)

Just dance & Have Fun!

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牆數:2