Xin Dong

拍數: 32

級數: Intermediate NC2S

編舞者: Alvin Low (SG) - January 2015

音樂: Tu Ran Xin Dong by Chen Xiao Dong

Starts after 32 Counts

[1-8] EXTENDED WEAVE TO LEFT, RECOVER-SIDE-BEHIND, ¾ LEFT WALKAROUND ON RIGHT-LEFT-**RIGHT-LEFT**

- 1&2&3 Cross step Right behind Left, step Left to Left, cross step Right over Left, step Left to Left, cross rock Right behind Left
- 4&5 Recover onto Left, step Right to Right side, cross step Left behind Right. [12:00]
- 6-7-8& Make a 3/4 LEFT walk-around stepping Right-Left-Right-Left [3:00]

[9-16] SYNCOPATED JAZZ BOX INTO A CROSS SHUFFLE, RECOVER SIDE, 3/4 RIGHT WALKAROUND ON LEFT-RIGHT-LEFT-RIGHT

1&2&3& Cross step Right over Left, step back on Left, step Right to Right, cross step Left over Right, step Right to side, cross step Left over Right [3:00]

*TAG/RESTART: on Wall 5 - ADD

*4 Unwind 3/4 RIGHT with sweep [12:00]

- Recover onto Right, step Left to side, cross step Right over Left 4&5
- 6-7-8& Make a 3/4 RIGHT walk-around stepping Left-Right-Left-Right [12:00]

[17-24] LEFT FORWARD MAMBO, BACK MAMBO 1/2 TURN LEFT WITH SWEEP, BEHIND-SIDE-CROSS, **RIGHT SUGAR STEP CROSS**

- 1&2 Rock forward on Left, recover onto Right, step back Left [12:00]
- 3&4 Rock back on Right, recover onto Left, 1/2 LEFT stepping back on Right sweeping Left from front to back [6:00]
- 5&6 Cross step Left behind Right, Step Right to Right side, cross step Left over Right
- 7&8 Touch Right toe to Left instep (turn knee in), touch Right heel to Left instep (turn knee out), cross step Right over Left

[25-32] SLIDE LEFT, NC 1/4 TURN RIGHT, MAMBO 1/2 TURN RIGHT, STEP RIGHT FORWARD, PIVOT 1/2 LEFT, REVERSE FULL TURN □RIGHT WITH SWEEP.

- Slide LEFT a big step to Left 1
- 2&3 Cross rock Right behind Left, recover onto Left, 1/4 turn RIGHT stepping forward on Right [9:00].
- 4&5 Step forward on Left, make 1/2 turn RIGHT stepping forward on Right, step forward Left [3:00].
- 6-7 Step Right forward, pivot 1/2 turn LEFT (weight on Left) [9:00]
- Make a reverse full turn RIGHT on Left sweeping Right around from I front to back, (cross 8-(1) Step Right behind Left)

Begin again

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牆數: 4