

Too Much Stuff

COPPER KNOB
BY SHEETS

拍數: 48 牆數: 4 級數: High Beginner
編舞者: Larry Schmidt (USA) - January 2015
音樂: Too Much Stuff - Delbert McClinton



Start on Lyrics (After some slow piano and 48 counts of piano boogie)

[1-8] □ TOE STRUT, TOE STRUT, HEEL SWIVELS, HEEL SWIVELS

- 1, 2 Step right toe to the right diagonal, Lower right heel,
3, 4 Step left toe closely next to right foot, Lower left heel,
5, 6 On the balls of both feet swivel both heels up and to the right, Swivel both heels to center while lowering heels,
7, 8 On the balls of both feet swivel both heels up and to the right, Swivel both heels to center while lowering heels. (12:00)

[9-16] □ TOE STRUT, TOE STRUT, HEEL SWIVELS, HEEL SWIVELS

- 1, 2 Step left toe to the left diagonal, Lower left heel,
3, 4 Step right toe closely next to left foot, Lower right heel,
5, 6 On the balls of both feet swivel both heels up and to the left, Swivel both heels to center while lowering heels,
7, 8 On the balls of both feet swivel both heels up and to the left, Swivel both heels to center while lowering heels. (12:00)

[17-24] □ STEP TOUCHES ZIG-ZAGING BACKWARD

- 1, 2 Step right foot back to the right diagonal, Touch the left toes next to the right foot,
3, 4 Step left foot back to the left diagonal, Touch the right toes next to the left foot,
5, 6 Step right foot back to the right diagonal, Touch the left toes next to the right foot,
7, 8 Step left foot back to the left diagonal, Touch the right toes next to the left foot.

[25-32] □ LOCK STEP FORWARD X2

- 1, 2 Step right foot forward, Step left behind right,
3, 4 Step right foot forward, Hold,
5, 6 Step left foot forward, Step right behind left,
7, 8 Step left foot forward, Hold.

(RESTART HERE DURING THE 4TH & 7TH REPETITIONS)

[33-40] □ "ROCKING CHAIR", HIP SWIVEL with 1/8 TURN X2

- 1, 2 Rock forward onto right foot, Recover weight to left,
3, 4 Rock back onto right foot, Recover weight to left,
5, 6 Step right foot forward, Swivel hips counter clockwise making 1/8 turn,
7, 8 Step right foot forward, Swivel hips counter clockwise making 1/8 turn.

[41-48] □ "ROCKING CHAIR", STEP, ¼ PIVOT X2

- 1, 2 Rock forward onto right foot, Recover weight to left,
3, 4 Rock back onto right foot, Recover weight to left,
5, 6 Step right foot forward, Pivot ¼ left,
7, 8 Step right foot forward, Pivot ¼ left,

REPEAT & ENJOY

RESTARTS:-□

On the 4th wall (facing 9:00), restart after 32 counts

On the 7th wall (facing 3:00), restart after 32 counts

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