

Night Life Boogie

COPPER KNOB
STEPSHEETS

拍數: 48 牆數: 4 級數: Easy Intermediate
編舞者: Frank Trace (USA) - February 2015
音樂: "Night Life Boogie" by The J Street Jumpers



Begin after 48 counts. This will be before the vocals begin.

S1: TOES STRUTS FORWARD, "V" STEP

1-4 Touch R toe forward, drop R heel down, touch L toe forward, drop L heel down
5-8 Step R out diagonal right, step L out diagonal left, step R back and in, step L next to R

S2: TOES STRUTS FORWARD, SKATE STEPS FORWARD

1-4 Touch R toe forward, drop R heel down, touch L toe forward, drop L heel down
5-8 Skate steps (swivel steps) forward stepping R, L, R, L

Option: As you do the skate steps raise your hands shoulder height and do jazz hands.

S3: STEP, HOLD, PIVOT ½, STEP, HOLD, RUNNING STEPS

1-4 Step R forward, hold, pivot ½ turn left, hold (6:00)
5-8 While taking small steps run forward stepping R, L, R, L

S4: TOE STRUTS FORWARD, "V" STEP

1-4 Touch R toe forward, drop R heel down, touch L toe forward, drop L heel down
5-8 Step R out diagonal right, step L out diagonal left, step R back and in, step L next to R

S5: STEP, HOLD, ¼ TURN LEFT, HOLD, JAZZ BOX IN PLACE

1-4 Step R forward, hold, pivot ¼ left, hold (3:00)
5-8 Cross step R over L, step L back, step R to side, step L next to R

S6: FORWARD HEEL TOUCHES, SIDE TOE TOUCHES

1-4 Touch R heel forward, step R next to L, touch L heel forward, step L next to R
5-8 Touch R toe to R side, step R next to L, touch L toe to L side, step L next to R

START OVER

ENDING: As the music ends you will be facing the back wall. Cross your right foot over your left and unwind ½ left to face the front wall. Strike a pose.