

# Unchained Heart

**COPPER KNOB**  
STEPSHEETS

拍數: 32      牆數: 4  
編舞者: Mike Stringer (UK) - January 2015  
音樂: Unchain My Heart - Ray Charles



## #16 Count Intro

### SIDE, TOGETHER, SIDE TOUCH X2

- 1-2      Step right to right side, Step left next to right
- 3-4      Step right to right side, Touch left next to right
- 5-6      Step left to left side, Step right next to left,
- 7-8      Step left to left side, Touch right next to left

### FORWARD, TOUCH, BACK, TOUCH, BACK TOUCH, FORWARD, BRUSH

- 1-2      Step right forward, Touch left next to right
- 3-4      Step left back, Touch right next to left
- 5-6      Step right back, Touch left next to right
- 7-8      Step left forward, Brush right foot from back to forward

### WALK FORWARD RIGHT, LEFT, RIGHT, KICK LEFT, WALK BACK LEFT, RIGHT, LEFT, TOUCH

- 1-2      Walk forward on right, Walk forward on left
- 3-4      Walk forward on right, Kick left forward
- 5-6      Walk back on left, Walk back on right
- 7-8      Walk back on left, Touch right next to left (putting weight on balls of feet)

### SWIVEL HEELS, TOES, HEELS, CLAP, GRAPEVINE ¼ LEFT, STOMP WITH CLAP

- 1-2      Swivel heels right, Swivel toes right
- 3-4      Swivel heels right, clap hands (putting weight on right)
- 5-6      Step left to left side, Step right behind left
- 7-8      Step forward left turning ¼ over left shoulder, Stomp right next to left as you clap (or click)

### BEGIN AGAIN, ENJOY, SMILE

Contact: [peppermintpolo1@hotmail.co.uk](mailto:peppermintpolo1@hotmail.co.uk)