

Sjalalala

COPPERKNOB
STEPSHETS

拍數: 56 牆數: 4 級數: Phrased High Newcomer
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音樂: Sjalalala (Geniet Van Elke Dag) - Wolter Kroes



Counts: A= 32 - B= 16 - C=8
Sequence: A,A,B,B,A,A,C,B,B,B,A

PART A: 32 counts

A1: Mambo side, Step touch ¼ turn, step touch

- 1 RF step to right
- 2 RF Step next to LF
- 3 LF step to left side
- 4 LF step next to RF
- 5 RF touch forward
- 6 RF take weight turn ¼ left(21.00)
- 7 LF touch next to RF
- 8 Lf step slight to left

A2: Traveling jazz boxes backwards, pivot turn, shuffle

- 1 RF cross over LF
- & LF step backwards
- 2 RF step to right side
- 3 LF step over RF
- & RF step backwards
- 4 LF step to left side
- 5 RF step forward ½ turn left
- 6 LF step forward ¼ turn left (12.00)
- 7 RF step to right
- & LF step next to RF
- 8 RF step to right side

A3: Rockstep, weave ¼ turn left, rockstep, Locksteps back

- 1 LF rock backwards
- & RF take weight
- 2 LF step to left side
- 3 RF step behind LF
- & LF step to left side ¼ turn left(21.00)
- 4 RF step forward
- 5 LF rock forward
- & RF take weight
- 6 LF step backwards
- 7 RF step backwards
- & LF cross in front of RF
- 8 RF step back

A4: Full turn, Coaster step, step, hip twirls

- 1 LF step ½ turn (15.00)
- 2 RF step back ½ turn(21.00)
- 3 LF step backwards
- & RF step next to LF
- 4 LF step forward

- 5 RF step forward
- 6 LF step next to LF
- 7-8 Move hips from right to left

Part B – 16 counts

B1: Syncopated vine(bounced), mambo steps

- 1 RF step in front of LF
- & LF step to left side
- 2 RF step behind LF
- & LF step to left side
- 3 RF step in front of LF
- & LF step to left side
- 4 RF step behind LF
- & LF step to left side
- 5 RF mambo forward
- & LF take weight
- 6 RF step to right side
- 7 LF mambo forward
- & RF take weight
- 8 LF step to left side

B2: Shuffle side, jazzbox ¼ turn, ¾ turn

- 1 RF step to right side(wave arms up)
- & LF step next to RF
- 2 RF step to right side(wave arms up)
- & LF step next to RF
- 3 RF step to right side(wave arms up)
- & LF step next to RF
- 4 RF step to right side (wave arms up)
- 5 LF cross over RF
- & RF step back
- 6 LF step ¼ turn left(21.00)
- 7 RF step backwards ½ turn left(15.00)
- 8 LF step ¼ turn left (12.00)

Part C – 8 counts

C1: Side steps with arms

- 1 RF step to right side whilst doing this arms go to left side
 - 2 RF step next to LF whilst doing this bring arms back
 - 3 LF step to left side whilst doing this arms go to right side
 - 4 LF step next to RF whilst doing this bring arms back
 - 5-8 Repeat counts 1-4
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