

We Take Care of Our Own

COPPER KNOB
STEPSHEETS

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Nathan Gardiner (SCO) & Lorna Mursell (UK) - February 2015
音樂: We Take Care of Our Own - Bruce Springsteen



Intro: 64 counts start on vocals No tags or restarts

S1: WALK, WALK, KICK & POINT, &, POINT, STEP BACK, COASTER STEP

1-2 Walk forward on right, Wa;l forward on left
3&4 Kick right foot forward, Step back in place, Point left toes out to left side
&5-6 Step left next to right, Point right toes to right side, Step back on right
7&8 Step back on left, Step right next to left, Step forward on left

S2: TURN 1/4 LEFT, CROSS SHUFFLE, TURN 1/4 RIGHT X2, CROSS ROCK, RECOVER

1-2 Step forward on right, Turn 1/4 left
3&4 Cross step right over left, Step left to left side, Cross step right over left
5-6 Turn 1/4 right stepping back on left, Turn 1/4 right stepping right to right side
7-8 Cross rock left over right, Recover on right

S3: STEP, TOUCH, STEP, TOUCH, ROCK BACK, RECOVER, 1/2 TURN SHUFFLE RIGHT

1-2 Step left to left side, touch right next to left,
3-4 Step right to right side, touch left next to right
5-6 Rock back on left, Recover on right
7&8 1/2 Turn shuffle right stepping Left, Right, Left

S4: ROCK BACK, RECOVER, KICK BALL STEP, JAZZ BOX CROSS

1-2 Rock back on right, Recover on left
3&4 Kick right foot forward, Step back in place, Step forward on left
5-6 Cross step right over left, Step back on left
7-8 Step right to right side, Cross step left over right

S5: POINT, HOLD, POINT, HOLD, ROCK FORWARD, RECOVER, SHUFFLE 1/2 TURN RIGHT

1-2 Point right toes to right side, Hold
&3-4 Bring right foot in beside left foot with right foot taking the weight, Point left toes out to left side, Hold
&5-6 Bring left foot in beside right foot with left foot taking the weight, Rock forward on right, Recover on left
7&8 1/2 Turn shuffle right stepping Right, Left, Right

S6: FULL TURN RIGHT, FORWARD SHUFFLE, ROCK FORWARD, RECOVER, COASTER STEP

1-2 Turn 1/2 right stepping back on left, Turn 1/2 right stepping forward on right
3&4 Step forward on left, Step right next to left, Step forward on left
5-6 Rock forward on right, Recover on left
7&8 Step back on right, Step left next to right, Step forward on right

S7: ROCK FORWARD, RECOVER, BALL WALK BACK RIGHT & LEFT, ROCK BACK, RECOVER, 1/4 TURN LEFT

1-2 Rock forward on left, Recover on right
&3-4 Step left beside right, Step back on right, Step back on left
5-6 Rock back on right, Recover on left
7-8 Step forward on right, Turn 1/4 left

S8: CROSS SHUFFLE, HINGE 1/2 TURN RIGHT, SIDE ROCK, RECOVER, SAILOR 1/4 LEFT

1&2	Cross step right over left, Step left to left side, Cross step right over left
3-4	Turn 1/4 right stepping back on left, Turn 1/4 right stepping right to right side
5-6	Rock left foot to left side, Recover on right
7&8	Step left behind right, Turn 1/4 left stepping right to right side, Step left to left side

Start Again.....Happy Dancing

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