

You Are My Little Apple

COPPER KNOB
STEPSHEETS

拍數: 64 牆數: 2 級數: Phrased Beginner
編舞者: BM Leong (MY) - February 2015
音樂: Little Apple (小蘋果) - Chopsticks Brother (筷子兄弟)



Sequence of dance: AA/BB/AAA/BB/A/BB/A
Start the dance after 32 counts.

(A) – 32 COUNTS

A1: CROSS, POINT, CROSS, POINT, 1/2 TURN RIGHT, POINT, CROSS, POINT

- 1-2 Cross R over L, point L to left side
- 3-4 Cross L over R, point R to right side
- 5-6 1/2 turn right stepping R together, point L to left side
- 7-8 Cross L over R, point R to right side

A2: PADDLE 1/4 TURN LEFT X 2, FORWARD ROCK, COASTER STEP

- 1-2 Step R forward, pivot 1/4 turn left
- 3-4 Step R forward, pivot 1/4 turn left
- 5-6 Rock R forward, recover onto L
- 7&8 Coaster step on RLR

A3: RIGHT & LEFT NEW YORKERS

- 1-2 Cross L over R, recover onto R
- 3&4 Cha cha to left side on LRL
- 5-6 Cross R over L, recover onto L
- 7&8 Cha cha to right side on RLR

A4: PIVOT HALF TURN RIGHT, FORWARD CHA CHA, DOUBLE HIP ROLLS

- 1-2 Step L forward, pivot 1/2 turn right
- 3&4 Cha cha forward on LRL
- 5-8 Touching R forward do a double counter-clockwise hip rolls

(B) – 32 COUNTS

B1: HIP BUMPS WITH HAND ACTIONS

- 1-2 Bump hips to the right twice pointing both index fingers forward.
- 3-4 Bump hips to the left twice pointing both thumbs at yourself
- 5-6 Make a small circle with both hands
- 7-8 Clench both fists together to make a small apple, place clenched fists over your heart

B2: SIDE- TOUCH X 4 WITH HAND ACTIONS

- 1-2 Step R to right side pushing both hands forward, cross-touch L behind R pulling both elbows back
- 3-4 Step L to left side pushing both hands forward, cross-touch R behind L pulling both elbows back
- 5-8 Repeat 1-4

B3: WALK FORWARD, KICK, WALK BACKWARD, TOUCH

- 1-2 Walk R forward, walk L forward
- 3-4 Walk R forward, kick L forward
- 5-6 Walk L backward, walk R backward
- 7-8 Walk L backward, touch R together

B4: JUMP-TOUCH X 4

1-2	Jump R to right side, touch L together
3-4	Jump L to left side, touch R together
5-6	Jump R to right side, touch L together
7-8	Jump L to left side, touch R together

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