Starting To Itch

拍數: 32

級數: Beginner

編舞者: Roger Neff (USA) - March 2015

音樂: Starting to Itch - Clay McClinton

Intro. 32 Counts

[1-8]□R Lock Steps Fwd, Scuff, L Lock Steps Fwd, Scuff

- 1-2-3-4 Step fwd on R, Step L behind R, Step fwd on R, Scuff L
- 5-6-7-8 Step fwd on L, Step R behind L, Step fwd on L, Scuff R

[9-16] Jazz Box with Toe Struts ending with Cross

- 1-2-3-4 Step R toe heel over L, Step back toe heel on L
- 5-6-7-8 Step R toe heel to R, Step L toe heel over R

[17-24] R Heel Bounces, L Heel Bounces (Optional: For a bit of fun, dancers should scratch somewhere, e.g., hip, head, shoulder on words "Starting to Itch" on 2nd, 4th, and 10th rotations.)

- 1-2-3-4 Step R to R and bounce heel for 4 counts
- 5-6-7-8 Step L to L and bounce heel for 4 counts

[25-32] Side-Together-Side to R, Touch L beside R, Side-Together-Side to L, Turn 1/4 and Touch

- 1-4 Step R to R, Step L Beside R, Step to R, Touch L Beside R
- 5-8 Step L to L, Step R Beside L, Step to L, Turn ¹/₄ to L and touch R beside L

TAG WITH RESTART: On the 5th rotation, you will dance the first 16 counts, then bounce R heel 2 times and start the dance from the beginning. You will be facing 12:00. This happens very fast, so be prepared!

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牆數:4