

Memories

拍數: 32 牆數: 4 級數: Improver
編舞者: Mike Hitchen (UK) - March 2015
音樂: For the Good Times - Anne Murray



One Restart On 5th Wall After 24 Counts

#16 Count Intro, from when Guitar comes in

Section 1: Cross Rock, Side Chasse, Cross Rock, 2 X 1/4 Turns Left.

1-2 Cross rock right over left, Recover to left.
3&4 Step right to side, Step left together, Step right to side.
5-6 Cross rock left over right, Recover to right.
7-8 Step left 1/4 turn left, Step right 1/4 turn left stepping to side. [6:00]

Section 2: Back Rock, 2 X 1/4 Turns Right, Cross Side, Sailor Step 1/4 Turn Left.

1-2 Rock left behind right, Recover to right.
3-4 Turn 1/4 turn right stepping left back, Turn 1/4 turn right stepping right to side. [12:00]
5-6 cross left over right, Step right to side.
7&8 Sweep left behind right 1/4 turn left, Step right to side, step left to side. [9:00]

Section 3: Basic Two Step Right, Basic Two Step Left.

1-2 Step right long step to side, Drag left with a hold towards right.
3-4 Rock left behind right, Recover to right'
5-6 Step left long step to side, Drag right with a hold towards left.
7-8 Rock right behind left, Recover to left. [9:00]

RESTART HERE – Wall 5

Section 4: Step 1/2 Turn Left, Rock Step, Step Lock Step, Shuffle 1/2 Turn Left.

1-2 Step right forward, pivot 1/2 Turn left. [3:00]
3-4 Rock forward on right, Recover to left.
5&6 Step right back, Lock left over right, Step right back. [3:00]
7&8 Step left 1/4 turn left, Step right together, Step left 1/4 turn left, [9:00]

Start Again
