Saddle Up



編舞者: Jo Kinser (UK), John Kinser (UK), Roy Verdonk (NL) & Fred Whitehouse (IRE) -

February 2015

音樂: Saddle Up - David Christie: (Album: Disco Explosion - iTunes - 3:20)



Start the dance: 32 counts in

[1-8]□Out-Out, In-In, Out-Out, In-In, Swivel Back

&1&2 Step Rt Out Diagonal Rt, Step Lt Out Diagonal Lt, Step Rt In, Step Lt Next To Rt

&3&4 Repeat &1&2

&5 On the balls of both feet, swivel both heels out, Step back on Rt swivel both heels in

&6 Swivel both heels out, Step back on Lt swivel both heels in

&7&8 Repeat &5&6

[9-16]□Roll Rt and Clap X2, Roll Lt and Clap X2

1,2 Make 1/4 Turn Rt Stepping Rt Fwd, Make 1/2 Turn Rt Stepping Lt Back
3&4 Make 1/4 Turn Rt Stepping Rt to Rt, Touch Lt next to Rt and Clap hands x2
5,6 Make 1/4 Turn Lt Stepping Lt Fwd, Make 1/2 Turn Lt Stepping Rt Back
7&8 Make 1/4 Turn Lt Stepping Lt to Lt, Touch Rt next to Lt and Clap hands x2

Restart: Wall 2 & 6

[17-24]□Paddle X4, Cross Samba, Cross Samba

1,2	Make 1/4 Turn Lt Touching Rt to Rt, Make 1/4 Turn Lt Touching Rt to Rt (6:00)
3,4	Make 1/4 Turn Lt Touching Rt to Rt, Make 1/4 Turn Lt Touching Rt to Rt (12:00)
5&6	Step Rt Over Lt, Step Lt Slightly Lt (On the ball of the foot), Step Rt Fwd to Rt Diagonal
7&8	Step Lt Over Rt, Step Rt Slightly Rt (On the ball of the foot), Step Lt Fwd to Lt Diagonal

[25-32] ☐ Touch 1/2 Turn X2, Jazz Box 1/4 Turn, Hop Fwd X2

1,2	Touch Rt toes fwd whilst bumping hips forward, Make 1/2 turn Lt stepping Rt foot down (6:00)
3,4	Touch Lt toes behind whilst bumping hips Lt, Make 1/2 turn Lt stepping Lt foot down (12:00)
5,6	Cross Rt in front of Lt, Step Lt back

7&8 Make 1/4 Turn Rt Stepping Rt Fwd, Small Jump Fwd x2 (3:00)

Tag: After Wall 4 & 8 Facing.

You will be facing respectively (9:00) wall and (6:00) wall because of the restarts.

&1&2 Step Rt Out Diagonal Rt, Step Lt Out Diagonal Lt, Step Rt In, Step Lt Next To Rt

&3&4 Repeat &1&2

Ending: Wall 11 (facing 12:00) leave the 1/4 turn in the jazz box out to finish facing front.

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