

拍數: 64 編數: 4 級數: Phrased Beginner

編舞者: Sally Hung (TW) - March 2015 音樂: Honey - Cyndi Wang (王心凌)



Sequence of dance; A / AB AB AB(16) / A / AB AB AB A(16) Start to dance after 32 counts from heavy beats

SECTION A (32 counts)

A1. 2x HEEL FWD, FWD SHUFFLE, 2x HEEL FWD, FWD SHUFFLE

1,2,3&4 Touch R heel fwd twice, shuffle fwd on RLR 5,6,7&8 Touch L heel fwd twice, shuffle fwd on LRL

A2. WALK BACK RL, COASTER STEP, WALK FWD LR, TRIPLE STEP

1,2,3&4 Walk back on RL, coaster step on RLR 5,6,7&8 Walk fwd on LR, triple step on LRL

A3. 1/4 MONTEREY TURN X2

1,2,3,4 Touch R toe to R side, ¼ turn R stepping R home (next to L), touch L toe to L side, step L

next to R

5,6,7,8 Touch R toe to R side, ¼ turn R stepping R home (next to L), touch L toe to L side, step L

next to R

A4. JAZZ BOX X2

1,2,3,4 Cross step R over L, step back on L, step R to R side, cross step L over R 5,6,7,8 Cross step R over L, step back on L, step R to R side, cross step L over R

SECTION B (32 counts)

B1. KICK BALL CHANGE, 1/4 TURN R KICK BALL CHANGE X3

1&2,3&4 Kick R fwd, step down on ball of R, step down on L, ¼ turn R stepping R fwd, step down on

ball of R, step down on L

5&6,7&8 Ditto as 3&4

B2. WALK BACK RLRL, 2X CROSS SAMBA

1,2,3,4 Walk back on RLRL

5&6,7&8 Cross samba on RLR, cross samba on LRL

B3. KICK, KICK, COASTER STEP, KICK, KICK, COASTER STEP

1,2,3&4 Kick R to L diagonal, kick R to R diagonal, coaster step on RLR 5,6,7&8 Kick L to R diagonal, kick L to L diagonal, coaster step on LRL

B4. SIDE ROCK RECOVER, CROSS SHUFFLE, SIDE ROCK RECOVER, CROS SHUFFLE

1,2,3&4 Rock R to R side, recover onto L, cross shuffle on RLR 5,6,7&8 Rock L to L side, recover onto R, cross shuffle on LRL

Have fun and happy dancing!

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