Squeegee

拍數: 32

級數: Absolute Beginner

編舞者: Gaye Teather (UK) - March 2015

音樂: Squeegee - Donny Richmond

#16 count intro. 6 seconds - Dance rotates in CCW direction

Toe strut forward x 2. Kick. Kick. Back. Hook

- 1 2 Step Right toe forward. Drop Right heel to floor
- 3 4 Step Left toe forward. Drop Left heel to floor
- 5 6 Kick Right foot forward twice
- 7 8 Step back on Right. Hook Left in front of Right shin

Step forward. Together. Step forward. Hitch. Small running steps back x 3. Touch

- 1 2 Step forward on Left. Step Right beside Left
- 3 4 Step forward on Left. Hitch Right knee
- 5-6 Walk back Right. Walk back Left
- 7 8 Walk back Right. Touch Left beside Right

Side Left. Touch. Side Right. Touch. Vine Left. Touch

- 1 2 Step Left to Left side. Touch Right beside Left.
- 3 4 Step Right to Right side. Touch Left beside Right
- 5 6 Step Left to Left side. Cross Right behind Left
- 7 8 Step Left to Left side. Tough Right beside Left

Quarter turn Right stomp. Hold. Forward Left stomp. Hold. Small running steps forward x 4

- 1 2 Quarter turn Right stomping Right foot forward. Hold (Facing 3 o'clock)
- 3 4 Stomp left foot forward. Hold
- 5 6 Small running steps forward Right. Left
- 7 8 Small running steps forward Right. Left

(On counts 5 - 8 dip knees slightly as you run forward and use very small steps)

Start again





牆數:4