Wrap Around

拍數: 32

級數: Improver ECS

編舞者: Nicola Lafferty (UK) - February 2015

音樂: Wrap Around - Steve Holy : (Album: Brand New Girfriend)

#32 Count Intro

Note: There is a Restart after count 16 on Wall 3. See note below.

$[1-8]\square\square2$ x Shuffles into the Diagonals, Jazz Box

- 1&2 R shuffle towards L diagonal
- 3&4 L shuffle towards R diagonal
- 5,6 Cross RF over LF, Step LF back
- 7,8 Step RF to R side, Step LF fwd (face 12.00)

[9-16] R Side Shuffle, Rock Recover, Side Hold & Side, Hold

- 1&2 R side shuffle to R side
- 3,4 Rock LF back, recover weight to RF
- 5,6 Step LF to L side, Hold & clap
- &7,8 Close RF to LF, Step LF to L side, Hold and clap (face 12.00)
- *Restart happens here on Wall 3

[17-24] Cross Rock, Recover, ¼ R Shuffle, Step ½ Pivot, L Shuffle Fwd

- 1,2 Cross Rock RF over LF, Recover weight to LF
- 3&4 Making ¼ turn to R (face 3.00), R shuffle fwd
- 5,6 Step LF fwd, ½ Pivot Turn to R (face 9.00)
- 7&8 L shuffle fwd

[25-32] R Kick Ballchange, Stomp Clap, Touch Out, In, Out, Stomp

- 1&2 R Kick Ballchange
- 3,4 Stomp RF fwd (with weight), Hold & clap
- 5,6 Touch LF to L side, Touch LF beside RF
- 7,8 Touch LF to L side, Stomp LF beside RF

Begin again





牆數:4