Mambolicious



編舞者: Karen Hadley (UK) - February 2015

音樂: Mambo (Radio Edit) - Helena Paparizou



#16 count intro...7 secs

(Available on iTunes and other download sites taken from: Mambo by Helena Paparizou)

Right Side. Together. Chasse Right. Left Cuban Break Step.

1 – 2 Step Right to Right side. Step Left beside Right.

3&4 Step Right to Right side. Step Left beside Right. Step Right to Right side.

5&6& Cross rock Left over Right. Recover on Right in place. Rock Left to Left side. Recover on

Right in place.

7&8 Cross rock Left over Right. Recover on Right in place. Step Left to Left side.

Cross. Side. Sailor Step. Cross. Side. Sailor 1/4 Turn Left.

1 – 2 Cross step Right over Left. Step Left to Left side.

3&4 Cross step Right behind Left. Step Left slightly to Left side. Step Right in place.

5 – 6 Cross step Left over Right. Step Right to Right side.

7&8 Cross step Left behind Right making ¼ turn Left. Step Right beside Left. Step slightly forward

on Left. (9:00)

Crossing Samba (Right & Left). Cross. Back. Back. Cross.

1&2 Cross step Right forward over Left. Rock Left to Left side. Step slightly forward on Right.
3&4 Cross step Left forward over Right. Rock Right to Right side. Step slightly forward on Left.
5 - 6 Cross step Right over Left. Step back on Left.

7 – 8 Step back on Right. Cross step Left over Right.

Back. Drag & Hold. Coaster Step. Hip Bumps (Right & Left travelling forward).

1 – 2 Step back on Right. Hold whilst dragging Left slightly back.

3&4 Step back on Left. Step Right beside Left. Step forward on Left.*Restart plus tag at this point

on Wall 6.

Touch Right toe forward bumping hips:- Right, Left, Right (take weight on Right).

7&8 Touch Left toe forward bumping hips:- Left, Right, Left (take weight on Left).

Begin Again & enjoy

TAG 1 (16 counts) - To be danced at the end of Walls 1 (9:00), Wall 4 (12:00), Wall 5 (9:00) & Wall 6 (6:00) Mambo Forward. Mambo Back. Step. Pivot ½ Turn Left. Walk. (TWICE).

Rock forward on Right. Recover weight on to Left taking weight. Step slightly back on Right. Rock back on Left. Recover weight on to Right taking weight. Step slightly forward on Left.

5 – 6 Step forward on Right. On ball of Left pivot ½ turn Left.

7 – 8 Step forward on Right. Step forward on Left.

Repeat counts 1 – 8 one more time.

*(Tag to be added after count 28 on Wall 6 then restart the dance again – therefore missing out the hip bumps on this wall only).

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