Like Ah Boss

COPPER KNOB

拍數: 32

牆數:4

級數: Beginner

編舞者: Dwight Meessen (NL) & Marianna Schmitz (NL) - March 2015

音樂: Like Ah Boss - Machel Montano



Starts from 14 seconds from the clip

Rolling Vine Right Touch, Rolling Vine left Touch

1-2	RF $\frac{1}{4}$ right and step forward, LF $\frac{1}{2}$ right and step back
3-4	RF $\frac{1}{4}$ right and step side, LF touch to left side and push your hands up
5-6	LF $\frac{1}{4}$ left and step forward, RF $\frac{1}{2}$ left and step back
7-8	LF ¼ left and step side, RF touch beside LF and push your hands up
R Chasse Right, L Rock Back, Recover, L Chasse Left, R Rock Back, Recover	
1&2	Step RF to right side, (&)step LF next to RF, step RF to right side
3-4	Rock LF back, recover weight on RF
5&5	Step LF to left side, (&)step RF next to LF, step LF to left side
7-8	Rock RF back, recover weight on LF
R Side, Together, R Side, Touch, L Side, Together, L Side, Touch	
1-2	Step RF to Right side, step LF next to RF
3-4	Step RF to right side, touch LF beside RF
5-6	Step LF to left side, step RF next to LF
7-8	Step LF to left side, touch RF beside LF
¾ Paddle Turns(using hips), R Cross Rock, Recover	
1-2	Step RF forward, R+L ¼ turn Left(9)

- 3-4 Step RF forward, R+L ¼ turn left(6)
- 5-6 Step RF forward, R+L ¼ turn Left(3)
- 7-8 Cross rock RF over LF, recover weight on LF

HAVE FUN!

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