Darling Hold My Hand

拍數: 64

Starts on.. 8 counts

級數: Intermediate

編舞者: Neville Fitzgerald (UK) & Julie Harris (UK) - March 2015

音樂: Hold My Hand - Jess Glynne

S1: Heel, Side, Ball Cross Side, Sailor Step, Behind, Side, Cross. 1-2 Grind Left heel across Right, step right to Right side. &3-4 step Left next to Right, cross step right over Left, step Left to Left side. 5&6 Cross step Right behind Left, step left to Left side, step right to Right side. 7&8 Cross step Left behind right, step Right to Right side, cross step Left over Right. S2: Ball, Cross, 1/4, Step 1/2 Pivot, 1/4, Behind, 1/4, Step. Step Right to Right side, cross step Left over Right, make 1/4 turn to Right stepping forward &1-2 on Right. 3-4 Step forward on Left, pivot 1/2 turn to Right. (9.00) 5-6 Make 1/4 turn to Right stepping Left to Left side, cross step Right behind Left. 7-8 Make 1/4 turn to Left stepping forward on Left, step forward on Right. \Box (9.00) S3: Rock Recover, Ball, Back, Back, Coaster Step, Walk, Walk.

- 1-2& Rock forward on Left, recover on Right, step back on Left.
- 3-4 Step back on Right, step back on Left.
- 5&6 Step back on Right, step Left next to Right, step forward on Right.
- 7-8 Walk forward L-R.

S4: Rock, Recover, 1/2 Shuffle, 1/4 Chasse, 1/2 Rock, Recover.

- 1-2 Rock forward on Left, recover on Right.
- 3&4 Make 1/4 turn to Left stepping Left to Left side, step Right next to Left, make 1/4 turn Left stepping forward on Left. (Bump your hips as you shuffle round)
- 5&6 Make 1/4 turn to Left stepping Right to Right side, step Left next to Right, step Right to Right side.
- 7-8 Make 1/2 turn to Left rocking Left to Left side, recover on Right. (6.00)
- *R*□

S5: Cross Shuffle, 1/4, Side, 1/4 Chasse, 1/4, Cross.

- 1&2 Cross step Left over Right, step Right to Right side, cross step Left over Right.
- 3-4 Make 1/4 turn to Right stepping forward on Right, step Left to Left side.
- 5&6 Make 1/4 turn to Right stepping Right to Right side, step Left next to Right, step Right to Right side.
- 7-8 Make 1/4 turn to Right stepping Left to Left side, cross step Right over Left. (3.00)

S6: Side, Cross, Rock & Rock, 1/4 Sailor.

- 1-2 Step Left to Left side, cross step Right over Left (slight drop of Right knee as you cross over)
- 3-4& Rock Left to Left side , recover on Right, step Left next to Right.
- 5-6 Rock Right to Right side, recover on Left.
- 7&8 Cross step Right behind Left, make 1/4 turn to Right stepping Left to Left side, step forward on Right.(6.00)

S7: Walk, Walk, Walk, Walk, Rock. Recover, 1/2, 1/2.

- 1-4 Make 1/2 turn to Right Walking in 1/2 circle L-R-L-R
- 5-6 Rock forward on Left, recover on Right.





牆數:2

7-8 Make 1/2 turn to Left stepping forward on Left, make 1/2 turn to Left stepping Right next to Left. (pencil turn) (12.00)

S8: 1/2 Shuffle, Rock, Recover, Coaster Step, Point, Point.

- 1&2 Make 1/4 turn to Left stepping Left to Left side, step Right next to Left, make 1/4 turn Left stepping forward on Left
- 3-4 Rock forward on Right, recover on Left.
- 5&6 Step back on Right, step Left next to Right, step forward on Right.
- 7-8 Point Left toe across Right, point Left toe to Left Side. (6.00)

Restarts: (*R*) Wall 2 & Wall 5 - Dance Up To & Including Counts 32... Then Restart From Beginning Wall 2 Restart you will be facing (12.00) Wall 5 Restart you will be facing (6.00)

Last Update – 11th March 2015