I Am Somebody

拍數: 32

級數: Improver

編舞者: Donna Manning (USA) - March 2015

音樂: Somebody (feat. Jeremih) - Natalie La Rose

NO Tags Or Restarts

Sec. 1 (1-8)□Step Back (w/ body roll), Ball-Step, Step Back – X2

- 1-2, &3,4 Start body roll as you Step R back toed out, finish body roll top to bottom on count 2, bring ball of L to R, Step R slightly back, Step L back
- 5-6, &7,8 Repeat 1-4 (12:00)

Sec.2 (9-16) Coaster Step, Walk, Walk, Step, Heel Swivels, Back, Hitch

- 1&2, 3,4,5 Step R back, bring L to R, step R fwrd, walk fwrd L-R, step L fwrd just taking weight to ball of L
- 6&7&8 Swivel both heels to L, back to center, both heels out to L, back to center taking weight to R, Small hitch w/ L sitting back on R leg (12:00)

Sec. 3 (17-24) ☐ Step, Point, Step, Point, Step, Ronde ¼ Turn , Cross, Step Back

- 1,2,3,4 Step L fwrd, point R to R side, Step R fwrd, Point L to L side
- 5,6,7,8 Step L fwrd, Sweep R back to front as you turn ¼ to L, cross R over L, Step L back (9:00)

Sec.4 (25-32) 1/2 of a Hip Circle R-L, 1/4 Turn, Step, 1/2 Turn, 1/4 Turn

1-2, 3-4 Step R to R side as you roll hips to R for 1-2, Roll hips back to L taking weight to L for 3-4
5,6,7,8 ¼ turn R stepping on R, Step L fwrd, ½ turn R taking weight to R, ¼ turn R stepping L to L side (9:00)

HAVE FUN!!

Please do not alter this step sheet in any way. If you would like to use on your website please make sure it is in its original format and include all contact details on this script.

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牆數:4