

Look At You (看著你) (zh)

COPPER KNOB
STEPSHEETS

拍數: 48 牆數: 4 級數: Intermediate
編舞者: Jo Kinser (UK), John Kinser (UK) & Mark Furnell (UK) - 2010年05月
音樂: When I Look At You - Miley Cyrus : (CD: The Times Of Our Lives)



前奏 : Start 48 counts in on the vocals (0:23).

第一段 Rock Recover, 1/4 Turn, Rock Recover, 1/4 Turn 下沉 回復 1/4, 下沉 回復 1/4

- 1-3 Rock fwd on Rt, Recover on Lt, Make 1/4 turn Rt stepping Rt to Rt (3 o'clock) 右足前下沉, 左足回復, 右轉90度右足右踏(面向3點鐘)
- 4-6 Rock fwd on Lt, Recover on Rt, Make 1/4 turn Lt stepping Lt fwd (12 o'clock) 左足前下沉, 右足回復, 左轉90度左足前踏(面向3點鐘)

第二段 Step 1/2 Turn, Step, Turn 1/2, Back, Back 踏轉踏, 轉後後

- 1-3 Step fwd on Rt, Make 1/2 turn Lt (weight Rt), Step Lt fwd (6 o'clock) 右足前踏, 左轉180度(重心在右足), 左足前踏(面向6點鐘)
- 4-6 Make 1/2 turn Lt stepping back on Rt, Step Lt back, Step Rt back (12 o'clock) 左轉180度右足後踏, 左足後踏, 右足後踏(面向12點鐘)

第三段 Back, Drag, Forward, Sweep 後拖, 前繞

- 1-3 Step back on Lt, Drag Rt next to Lt for 2 counts 左足後踏, 右足以2拍拖併
- 4-6 Step fwd on Rt, Sweep Lt from back to front for 2 counts 右足前踏, 左足以2拍繞至前

第四段 Twinkle, Weave: (Infront, Side, Behind) 華士步, 藤步(前 旁 後)

- 1-3 Step Lt over Rt, Step Rt to Rt, Step Lt in place 左足於右足前交叉踏, 右足右踏, 左足踏
- 4-6 Step Rt over Lt, Step Lt to Lt, Step Rt behind Lt 右足於左足前交叉踏, 左足左踏, 右足於左足後踏

第五段 Side, Drag, 1 1/4 Turn Rt 側拖, 1又1/4

- 1-3 Step Lt a big step Lt, Drag Rt toward Lt, Touch Rt next to Lt 左足左一大步, 右足拖併, 右足併點
- 4-6 Make 1/4 turn Rt stepping Rt fwd, Make 1/2 turn Rt stepping Lt back (3 o'clock), Make 1/2 turn Rt stepping Rt fwd (9 o'clock) 右轉90度右足前踏, 右轉180度左足後踏(面向3點鐘), 右轉180度右足前踏(面向9點鐘)

第六段 Step 1/2 Turn, Step, Full Turn Lt 踏轉踏, 左轉圈

- 1-3 Step Lt fwd, Make 1/2 a slow turn Rt, Step Rt fwd (3 o'clock) 左足前踏, 右轉180度, 右足前踏(面向3點鐘)
- 4-6 Make a slow full turn Lt hooking Lt in front of Rt (3 o'clock) 2拍左繞圈, 左足於右足前勾(面向3點鐘)

第七段 Forward, 1/4 Turn, Step, Cross, Back, Back 踏, 1/4, 踏, 交叉 後後

- 1-3 Step Lt fwd, Make 1/4 turn Lt stepping Rt to Rt, Step Lt in place (6 o'clock) 左足前踏, 左轉90度右足右踏, 左足踏(面向6點鐘)

4-6 Cross Rt over Lt, Step Lt back Lt, Step Rt back Rt
右足於左足前交叉踏, 左足左後踏, 右足右後踏

第八段 Cross, 1/4 Turn, 1/2 Turn, 1/2 Turning sweep
交叉, 1/4, 1/2, 1/2繞點

1-3 Cross Lt over Rt, Make 1/4 turn Lt stepping Rt back, Make 1/2 turn Lt stepping Lt fwd (9 o'clock)
左足於右足前交叉踏, 左轉90度右足後踏, 左轉180度左足前踏(面向9點鐘)

4-6 Make a slow 1/2 turn Lt sweeping Rt for 2 counts, Touch Rt next to Lt (3 o'clock) 右足以2拍慢慢
左繞轉180度, 右足併點(面向3點鐘)
