

EZ Who's Been Sleeping In My Bed?

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 2 級數: Ultra Beginner
編舞者: Carrie Bauer (USA) - March 2015
音樂: Who's Been Sleeping in My Bed - Glenn Frey : (Album: Solo Collection)



Intro: 32 counts (begin on vocals)

[1-8] SAILOR STEP RIGHT, LEFT, RIGHT, LEFT

1&2 Step R behind L (1), step L to left side (&), step R to right side (2)
3&4 Step L behind R (3), step R to right side (&), step L to left side (4)
5&6 Step R behind L (5), step L to left side (&), step R to right side (6)
7&8 Step L behind R (7), step R to right side (&), step L to left side (8)

ALTERNATE FIRST EIGHT COUNTS: SAILOR STEP RIGHT, LEFT, RIGHT, LEFT

1-2 Step R behind L (1), step L to left side (2)
3-4 Step R to right side (3), hold (4)
5-6 Step L behind R (5), step R to right side (6)
7-8 Step L to left side (7), hold (8)

[9-16] K-STEP WITH FINGER SNAPS

1-2 Step R to right forward diagonal (1:30)(snap fingers), touch L next to R
3-4 Step L back to center (12:00)(snap fingers), touch R next to L
5-6 Step R back diagonal (4:30)(snap fingers), touch L next to R
7-8 Step L back to center (12:00)(snap fingers), touch R next to L

[17-24] POINT RIGHT, POINT LEFT, 2 ¼ TURNS LEFT TO BACK WALL

1-2 Point R to right side, step R next to L
3-4 Point L to left side, step L next to R
5-6 Step R forward, turn on ball of L ¼ turn left to 9:00 wall
7-8 Step R forward, turn on ball of L ¼ turn left to 6:00 wall

[25-32] ROCKING CHAIR RIGHT, SWAY HIPS RIGHT, LEFT, RIGHT, LEFT

1-4 Rock R forward, recover L, rock R back, recover L
5-6 Step R to right side with hip sway to right (5), sway hips to left (6)
7-8 Sway hips to right, sway hips to left

Please do not alter this step sheet.

Questions or concerns may be directed to me at inedancelawyer@yahoo.com.

Thank you! Carrie Bauer

Last Update – 6th Sept 2016