

Is This Love

拍數: 64 牆數: 4 級數: Improver
編舞者: Margaret Adams (UK) - March 2015
音樂: We Only Live Once - Shannon Noll : (CD Single)



#32 Count Intro

S1: Walk Forward X 2, Forward Shuffle X 2,

1 – 2 Walk Forward Right. Walk Forward Left. (Right: Left: Right:)
3 & 4 Step Right Forward. Close Left Beside Right. Step Right Forward
5 – 6 Walk Forward Left. Walk Forward Right. (Left: Right: Left:)
7 & 8 Step Left Forward. Close Right Beside Left. Step Left Forward (12:00)

S2: Kick Ball Point X 2 Sailor Step X 2

1 & 2 Kick Right Forward. Step Right Beside Left. Point Left To Left Side
3 & 4 Kick Left Forward. Step Left Beside Right. Point Right To Right Side
5 & 6 Cross Right Behind Left. Step Left To Side. Step Right To Side
7 & 8 Cross Left Behind Right. Step Right To Side. Step Left To Side (12:00)

S3: Step Pivot ½ Heel Switches. Step Pivot ½ Heel Switches.

1 – 2 Step Right Forward. Pivot ½ Turn Left.
3 & 4 Touch Right Heel Forward Step Left Beside Right Touch Left Heel Forward.
& 5 – 6 Step Left Forward Pivot ½ Turn Right.
7 & 8 Touch Left Heel Forward. Step Right Beside Left. Touch Right Heel Forward. (12:00)

S4: Cross Rock. Chasse Cross Rock Chasse ¼ Turn

1 – 2 Cross Rock Right Over Left. Recover Onto Left.
3 & 4 Step Right To Side. Close Left Beside Right. Step Right To Side.
5 – 6 Cross Rock Left Over Right. Recover Onto Right.
7 & 8 Step Left To Side. Close Right Beside Left. Turn ¼ Stepping Left Forward. (9:00)

S5: Kick Ball Step X 2 Step Pivot X 2

1 & 2 Kick Right Forward. Step Ball Of Right Beside Left Step Left Forward.
3 & 4 Kick Right Forward. Step Ball Of Right Beside Left Step Left Forward.
5 – 6 Step Right Forward. Pivot ½ Turn Left.
7 – 8 Step Right Forward. Pivot ½ Turn Left. (9:00)

S6: Forward Rock Shuffle ½ Turn X 2

1 – 2 Rock Forward On Right. Recover Onto Left.
3 & 4 Shuffle Step ½ Turn. Stepping – Right. Left. Right.
5 – 6 Rock Forward On Left. Recover Onto Right.
7 & 8 Shuffle Step ½ Turn Left. Stepping – Left. Right. Left. (9:00)

S7: Forward Rock. Coaster Step X 2

1 – 2 Rock Forward On Right. Recover Onto Left.
3 & 4 Step Right Back. Step Left Beside Right. Step Right Forward.
5 – 6 Rock Forward On Left. Recover Onto Right.
7 & 8 Step Left Back. Step Right Beside Left. Step Left Forward. (9:00)

S8: Forward Rock. Shuffle ½ Turn. Forward Rock, Coaster Step.

1 – 2 Rock Forward On Right. Recover Onto Left.
3 & 4 Shuffle Step ½ Turn. Stepping Right. Left. Right.

5 – 6 Rock Forward On Left. Recover Onto Right.
7 & 8 Step Left Back. Step Right Beside Left. Step Left Forward. (3:00)

Contact: margadamsdancer@live.co.uk
