Lovers at First Sight (一見鍾情) (zh)

拍數: 32 **牆數:** 4 **級數:** Improver

編舞者: Mikael Mölsä (FIN) - 2007年11月

音樂: Strangers In the Night - Frank Sinatra : (CD: Strangers In The Night)

前奏： 16 counts from the beginning (at the vocals) in about 0:11. 16拍後(約11秒)唱歌起跳

第一段 **Forward, Hold, Three Step Turn To Left, Hold, Rock Step**
前, 候, 三步左轉, 候, 下沉回復

1-2 Step Right Forward, Hold 右足前踏, 候

3-4 Turn ¼ To Left And Step Left Forward, Turn ½ To Left And Step Right Back 左轉90度左足前踏, 左轉180度右足後踏

5-6 Turn ¼ To Left And Step Left To Side, Hold
左轉90度左足左踏, 候

7-8 Step Right Across Left, Recover Weight Back To Left
右足於左足前交叉踏, 左足回復

Option: 3-5拍選擇版 *For Those Who Dislike Turning, Replace Counts 3-5 With A Normal Grapewine.*以藤步代替轉圈

第二段 **Side, Hold, ½ Right Turning Pivot, Forward, ¼ Left Turning Sweep, Cross, Side 側, 候, 右1/2, 前, 左1/4繞, 交叉, 側**

1-2 Step Right To Side, Hold 右足右踏, 候

3-4 Step Left Forward, Turn ½ To Right 左足前踏, 右轉180度

5-6 Step Left Forward, Turn ¼ To Left While Sweeping Right Foot From Back To Front 左足前踏, 左轉90度右足由後繞至前

7-8 Step Right Across Left, Step Left To Side
右足於左足前交叉踏, 左足左踏

第三段 **Cross, Hold, Rock Step, Together, Hold, Rock Step**
交叉, 候, 下沉回復, 併, 候, 下沉回復

1-2 Step Right Across Left, Hold 右足於左足前交叉踏, 候

3-4 Step Left To Side, Recover Weight Back To Right 左足左踏, 右足回復

5-6 Step Left Next To Right, Hold 左足併踏, 候

7-8 Rock Right Forward, Recover Weight Back To Left
右足前下沉, 左足回復

第四段 **Step Back, Sweep Leading To Triple 1 ½ Left Turn On Spot, Hold, Side, Together 後踏, 繞左轉1 1/2, 候, 側, 併**

1-2 Step Right Back, Sweep Left From Front To Back Starting To Turn ½ Turn To Left 右足後踏, 左足由前繞至後

3-4 Finish ½ Turn To Left By Stepping Left Forward, Turn ½ To Left By Stepping Right Back 左轉180度左足前踏, 左轉180度右足後踏

5-6 Turn ½ To Left By Stepping Left Forward, Hold
左轉180度左足前踏, 候

7-8 Step Right To Side, Step Left Next To Right
右足右踏, 左足併踏

Option:	*For Those Who Dislike Turning, Replace Steps 4-5 With Steps In Place. Use Your Hips While Doing The Steps!*
4-5拍選擇版	以右擺臀, 左擺臀取代轉圈