Undercover (秘密) (zh)

8

Step forward on Left. (Facing 9 o'clock)

左足前踏(面向9點鐘)



拍數: 48 牆數: 4 級數: Intermediate 編舞者: Robbie McGowan Hickie (UK) 音樂: What's Your Name (Radio Mix) - Cosm04 前奏: 32 Count intro 32拍後起跳 Left Side Rock. Behind & Step Forward. Forward Rock. Triple Full Turn Right. 左下沉 回復, 後 旁 前, 下沉 回 第一段 1 - 2 Rock Left out to Left side. Recover weight on Right. 左足左下沉, 右足回復 3&4 Cross Left behind Right. Step Right to Right side. Step forward on Left. 左足於右足後交叉踏, 右足右踏, 左足前踏 Rock forward on Right. Rock back on Left. 5 - 6 右足前下沉, 左足回復 Right triple step Full tum Right stepping Right Left. Right. 7&8 右三步轉圈-右,左,右 第二段 Forward Rock. & Cross. Step Diagonally Back. Back Rock. Right Kick-Ball-Cross. 下沉 回復 後-鎖 後, 後下沉 回復, 踢-併-交叉 1 - 2 Rock forward on Left. Rock back on Right 左足前下沉, 右足回復 &3 Step ball of Left Diagonally back Left. Cross step Right over Left. 左足斜角後踏, 右足於左足前交叉踏 Step Left Diagonally back Left. 左足斜角後踏 5 - 6 Rock back on Right. Rock forward on Left. 右足後下沉, 左足回復 7&8 Kick Right Diagonally forward Right. Step ball of Right back to place. Cross step Left over Right. 右足斜角踢, 右足後踏, 左足於右足前交叉踏 第三段 Side Step Right. Drag. & 1/4 Turn Left. 2 x Walks Forward. Right Heel-Ball-Step Forward x 2. 側大步, 拖併, 1/4併 走 走, 踵-收-踏 二次 1~2 Long step Right to Right side. Drag Left beside Right. (Weight on Right) 右足右一大步, 左足拖併(重心在右足) &3 - 4 Make 1/4 turn Left stepping ball of Left beside Right. Walk forward on Right. Walk forward on Left 左轉90度左足併踏, 右足前走, 左足前走 5&6 Dig Right heel beside Left. Step ball of Right beside Left. Step forward on Left. 右足踵併點, 右足併踏, 左足前 7&8 Dig Right heel beside Left. Step ball of Right beside Left. Step forward on Left. (Facing 9 o'clock) 右足踵併點, 右足併踏, 左足前踏(面向9點鐘) 第四段 Forward Rock. Right Shuffle 1/2 Turn Right. 1/2 Turn Right. Right Coaster Step. Step Forward 下沉 回復, 轉 交換,轉,海岸步,踏 Rock forward on Right. Rock back on Left. 1 - 2 右足前下沉, 左足回復 3&4 Right shuffle making 1/2 turn Right stepping Right Left, Right. 右180度轉交換-右, 左, 右 5 Make 1/2 turn Right stepping back on Left. 右轉180度左足後踏 6&7 Step back on Right. Step Left beside Right. Step forward on Right. 右足後踏, 左足併踏, 右足前踏

第五段 Side Rock. Recover 1/4 Turn Left. 2 x 1/2 Turns Left. Step. Pivot 1/4 Turn Left. Right Cross Shuffle. 側下沉 回復1/4, 轉 轉, 路 轉1/4, 交叉交換

- 1-2 Rock Right out to Right side. Recover on Left making 1/4 turn Left. (Facing 6 o'clock) 右足右下沉, 左轉90度左足回復(面向6點鐘)
- 3 4 Make 1/2 turn Left stepping back on Right. Make 1/2 turn Left stepping forward on Left. 左轉180度右足後踏, 左轉180度左足前踏
- 5 6 Step forward on Right. Pivot 1/4 turn Left. (Facing 3 o'clock) 右足前踏, 左軸轉90度(面向3點鐘)
- 7&8 Cross step Right over Left. Step Left to Left side. Cross step Right over Left. 右足於左足前交叉踏, 左足左踏, 右足於左足前交叉踏

Restart Point

Restarts: Dunce up to Count 40 (Right Cross Shuffle) of Wall 2 (Fa.cing 6 o'clock) & Wall 4 (Facing 12 o'clock) ... Then Start the dance againfrom the Beginning.

第二面牆(面向6點鐘), 第四面牆(面向12點鐘), 從頭起跳

第六段 Chasse 1/4 Turn Left. Step. Pivot 3/4 Turn Left. Side. Behind. & Cross Rock. 追步轉, 踏 3/4, 側, 後-旁-前下沉回復

- 1&2 Step Left to Left side. Close Right beside Left. Make 1/4 turn Left stepping forward on Left. 左足左踏, 右足併 踏, 左轉90度左足前踏
- 3 4 Step forward on Right. Pivot 3/4 turn Left. (Facing 3 o'clock) 右足前踏, 左軸轉270度(面向3點鐘)
- 5 6 Step Right to Right side. Cross Left behind Right. 右足右踏, 左足於右足後交叉踏
- &7~8 Step Right to Right side. Cross rock Left over Right Rock back on Right. 右足右踏, 左足於右足前交叉下沉, 右足回復

Tag: End of Wall 5 (Facing 3 o'clock) Hip Sways.

加拍:第五面牆(面向3點鐘) 擺臀

1 - 4 Step Left to Left side Swaying Hips Left. Sway Right. Sway Left. Sway Right. 左足左踏左擺臀, 右擺臀, 右擺臀