

U Make Me Weak

拍數: 40 牆數: 4 級數: Intermediate
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音樂: Weak Heart by Zara Larsson



Intro: 16 counts after 1st beat (appr. 16 sec) Start with weight on R foot

Restart: On wall 2 after count 39 & (*)

Tags: (1) 4 counts after wall 1 () (2) 4 counts after wall after wall 3 (***) (Cross unwind, side rock – see description)**

#1 section: □ Step with drag, behind ¼ step, step back rock recover, step ½ turn, step ½ turn back rock □

1 Step L to L side with drag □ 12:00
2&3 Step R behind L, make ¼ turn L stepping fw. on L, step fw. on R □ 9:00
&4& Step back on L, step back on R, recover on L □ 9:00
5-6 Step fw. on R, make ½ turn L stepping fw. on L □ 3:00
7&8& Step fw. on R, make ½ turn R stepping back on L, step back on R, recover on L □ 9:00

#2 section: □ Step fw, step ¼ cross, 2 X ¼ turn cross, 2 steps back with drag, behind side cross rock □

1 Step fw. on R □ 9:00
2&3 Step fw. on L, make ¼ turn R stepping R to R side, cross L over R □ 12:00
&4& Make ¼ turn L stepping back on R, make ¼ turn L stepping L to L side, cross R over L
6:00
5-6 Step back L, step back R with drag □ 6:00
7&8& Step L behind R, step R to R side, cross L over R, recover on R □ 6:00

#3 section: □ ¼ turn, 2 X step ½ turn step, step ¼ turn, cross ¼ turn back rock □

1 Make ¼ turn L stepping fw. on L □ 3:00
2&3 Step fw. on R, make ½ turn L stepping fw. on L, step fw. on R □ 9:00
&4& Step fw. on L, make ½ turn R stepping fw. on R, step fw. on L □ 3:00
5-6 Step fw. on R, make ¼ turn L stepping L to L side □ 12:00
7&8& Cross R over L, make ¼ turn R stepping back on L, rock back on R, recover on L □ 3:00

#4 section: □ Step ¼ turn R with drag, behind ¼ turn step, ½ turn ¼ turn step side, back rock, step fw. diagonal step ½ turn step side □

1 Make ¼ turn R stepping R to R side while dragging L to R □ 12:00
2&3 Step L behind R, make ¼ turn R stepping fw. on R, step fw. on L □ 3:00
&4& Make ½ turn R stepping fw. on R, make ¼ turn L stepping L to L side, step R to R side
12:00
5-6 Rock back on L, recover on R □ 12:00
7&8& Step L fw. diagonal, step fw. on R, make ½ turn L stepping fw. on L, step R to R side □ 3:00

#5 section: □ 2 X basic step side, back rock side rock □

1 Step L to L side □ 3:00
2&3 Close R behind L, cross L over R, step R to R side □ 3:00
4&5 -6 Close L behind R, cross R over L, step L to L side, step R to R side □ 3:00
7&8& Rock back on L, recover on R, rock L to L side, recover on R □ 3:00

Tag: □ Cross unwind, side rock □

1-2 Cross L over R, make full turn R putting weight on R □ 12:00
3-4 Rock L to L side, recover on R □ 12:00

Good Luck & N'joy!

