O. M. G.!



拍數: 64

牆數: 4 級數: Phrased High Intermediate

編舞者: Dee Musk (UK), Kate Sala (UK) & Tokyo Line Dance Instructors - April 2015

音樂: Walkashame - Meghan Trainor : (Album: Title - iTunes - 2:59)



Choreographed under The Choreography Collaboration Project at 15th Annual Tokyo Crazy Country Festival 2015 directed by Crazy Feet Tokyo (Hiro Suzuki:hiro@suzuki.or.jp) Kate Sala: kate_sala@hotmail.com Dee Musk: deemusk@btinternet.com Tokyo Line Dance Instructors are (from left to right of the picture): Rika Miyazawa, Mio Watanabe, Miho Yamaura, Yuki Ohashi, Yoko Kizaki, Yuko Jackson, Michiko Tomiya and Yuko Nagasawa Intro: 16 counts. Phrasing: A, B, A, B, A, TAG, B, B. PART A – 32 counts A1: Out, Out, In, In, Kick & Heel & Step, Swivel, Hitch, Coaster Step. Step R out to right side. Step L out to left side. Step R in. Step L in next to R. 1& 2& 3& 4& Kick R forward. Step back on R. Dig L heel forward. Step L in place. 5& 6& Step forward on R. Swivel both heels out. Swivel Heels In. Hitch R knee. 7& 8 Step back on R. Step L next to R. Step forward on R. A2: Cross Rock, Side Rock, Sailor 1/4 Turn Left, Sway, Sway, Behind, 1/4 Turn Left, Step. 1& 2& Cross rock on L over R. Recover. Side rock out on L to left side. Recover. 3& 4 Cross step L behind R. Turn 1/4 left stepping R to right side. Cross step L over R. (9 o'clock) 56 Step R to right side swaying right. Sway left. 7& 8 Cross step R behind L. Turn 1/4 left stepping forward on L. Step forward on R. (6 o'clock) A3: Forward Lock Step, Rocking Chair, Step Pivot ¼ Turn Left, Swivel Heels, Toes, Heels. 1& 2 Step forward on L. Lock step R behind L. Step forward on L 3& 4& Rock forward on R. Recover on to L. Rock back on R. Recover on to L. 56 Step forward on R. Pivot 1/4 turn left swivelling heels right. (3 o'clock) Swivel heels left. Swivel toes left. Swivel heels left. 7& 8 A4: Forward, Tap, Back, Tap, Kick & Point, Kick & Step Right, Swivel Heels, Toes, Heels. 1& 2& Step forward on R. Tap L next to R. Step back on L. Tap R next to L. 3& 4 Kick R forward. Step down on R. Touch L toe out to left side. 5& 6 Kick L forward. Step down on L. Step R to right side. 7& 8 Swivel heels in. Swivel toes in. Swivel heels in. PART B – 32 counts B1: Heel Grind, Side, Step Back, Weave Right, Turn 1/4 Left, Side, Mambo Step Together. Step R heel over L with toes turned in grinding heel turning toes out. 1

- & 2 Step L out and back to left diagonal. Step back on R.
- 3& 4 Cross step L behind R. Step R to right side. Cross step L over R.
- 5 6 Turn 1/4 left stepping back on R. Step L to left side. (12 o'clock)
- 7&8 Rock forward on R. Recover on to L. Step R next to L pushing hips back & hands forward.

B2: Tap Out, In, Step Left, Behind, Side, Step Forward, Modified Jazz Box (With Arms).

- 1& 2 Tap L toe out to left side. Tap L toe next to R instep. Step L out to left side.
- 3& 4 Cross step R behind L. Step L to left side. Step forward on R.
- 5& Toe strut on L over R (Put R hand on front side of L shoulder).
- 6& Toe strut back on R. (Put L hand on front side of R shoulder).
- 7 8 Step L to left side. (Put R hand on to R hip). Touch R next to L. (Put L hand on to L hip).

B3: Side Lunge Right, Sailor 1/2 Turn Right, Weave Right, Step Pivot 1/2 Turn Right.

- 1 2 Lunge out to right side on R. Recover on to L.
- 3& 4 Cross step R behind L. Turn 1/4 right stepping L in place. Turn 1/4 right stepping forward on R. (6 o'clock)
- 5& 6& Cross step on L over R. Step R to right side. Cross step L behind R. Step R to right side.
- 7 8 Step forward on L. Pivot 1/2 turn right. (12 o'clock)

B4: Scissor Step, Heel, Flick, Step Forward, Step Pivot 1/2 Turn Right, Triple Full Turn Right.

- 1& 2 Step L out to left side. Step R next to L. Cross step L over R.
- 3& 4 Dig R heel forward to right diagonal. Flick R foot back. Step forward on R.
- 5 6 Step forward on L. Pivot 1/2 turn right. (6 o'clock)
- 7&8 Turn 1/2 right stepping back on L. Turn 1/2 right stepping forward on R. Step forward on L.

TAG – 16 counts

Basic Night Club Step Right, Left, Right, Side, Drag.

- 12 & Long step right on R. Cross rock on L behind R. Recover on to R.
- 3 4 & Long step left on L. Cross rock on R behind L. Recover on to L.
- 5 6 & Long step right on R. Cross rock on L behind R. Recover on to R.
- 7 8 Long step left on L. Drag R towards L keeping weight on L.

Cross, Click, Unwind 3/4 Turn Left, Click, Long Step Right, Hitch, Long Step Left, Hitch.

- 1 2 Cross step R over L. Click fingers.
- 3 4 Unwind 3/4 turn left (weight on L). Click fingers. (6 o'clock)
- 5 6 Long step right on R. Bring L in and hitch L.
- 7 8 Long step left on L. Bring R in and hitch R.