Sexed Up

級數: Phrased Advanced

編舞者: Maria Maag (DK) - April 2015

音樂: Sexed Up (Radio Edit) - Robbie Williams

Sequences: A, B, Tag 16 counts, A, B, Tag 4 counts, A 24 counts, hold 3 counts, Tag 16 counts, B, A 33 counts.

Intro: 16 counts from first beat

拍數: 84

#3 Tags: -

Tag 1: 16 counts after wall 2 (after 1st B) (facing 06:00)

Tag 2: 4 counts after wall 4 (after 2nd B) (facing 12:00)

Tag 3: (to face 12:00 make another 1/4 turn L in the hitch turn) (1) then 3 counts hold (2-3-4) then 16 counts Tag after the hold. (after 3rd A) (same as Tag 1)

Ending: After 33 count of the 4th. A (facing 12:00) ... The End

Part A – 56 counts – 1 wall

A[1 – 8] Step fw. R, step ½ turn R step, 1 ¼ triple L, back rock L, step L and ½ Fan R, run 2 x 1/8 R with R+L 🗆

1-2&	Step fw. R (1), step fw. L (2), make a ½ turn R stepping down R (&)□06:00
------	---

- 3-4& Step fw. L (3), make a ½ turn L stepping back R (4), make a ½ turn L stepping fw. L 06:00
- 5-6& Turn $\frac{1}{4}$ L stepping R to side (5), rock back L (6), recover R (&) \Box 03:00
- 7-8& Step L to side and do a 1/2 fan turn R (7), turn 1/8 R run fw. R (8), turn 1/8 R run fw. L (&) 12:00

AI9 – 16] Step fw. R and sweep L, weave R and sweep R, behind ¼ L ¼ L and sway R L, basic R

- Step fw. R and sweep L fw. (1), cross L over R (2), step R to side (&) 12:00 1–2&
- 3-4& Cross L behind R and sweep R back (3), cross R behind L (4), turn ¼ L stepping fw. L (&)□09:00
- 5-6 Turn $\frac{1}{4}$ L stepping R to side and sway R (5), sway L (6) \Box 06:00
- 7-8& Step R to side (7), close L behind R (8), cross R over L (&) 06:00

A[17 – 24] Diamant 2 x ¼ R, basic L, ¼ L stepping back R run back L R

- 1-2& Step L to side (1), turn 1/8 R stepping back R (2), step back L (&) 07:30
- 3-4& Turn 1/8 R stepping R to side (3), turn 1/8 R stepping fw. L (4), step fw. R (&) 10:30
- 5-6& Turn 1/8 R stepping L to side (5), close R behind L (6), cross L over R (&) 12:00
- 7-8& Turn $\frac{1}{4}$ L stepping back R (7), run back L (8), run back R (&) \Box 09:00

A[25 – 32] 1/2 turn L with R hitch, Step R fw, 1/2 turn L step fw. R, full turn R, 1/2 turn R sweep R, back rock R recover L, turn 1/8 R, cross side □

- 1-2& Make a $\frac{1}{2}$ turn L stepping down L and do a small hitch with R (1), step fw. R (2), make a $\frac{1}{2}$ turn L stepping down L (&) Wall 5: Hold for 3 counts (facing 12:00) 09:00
- Step fw. R (3), make a ¹/₂ turn R stepping back L (4), make a ¹/₂ turn R stepping fw. R 3-4& (&) 09:00
- 5-6 Make a $\frac{1}{2}$ turn R stepping back L and sweep R back (5), rock back R (6) \Box 03:00
- 7-8& Recover L (7), turn 1/8 R crossing R over L (8), step L to side (&) 04:30

A[33 – 40] Cross R, side rock cross rock side rock L, cross L, side rock cross rock side rock R

- Cross R over L (1) square up to 6 o`clock (1/8 turn R) and rock L to side (2), recover R 1-2& (&)□06:00
- 3&4& Cross rock L over R (3), recover R (&), rock L to side (4), recover R (&) 06:00
- 5-6& Cross L over R (5), rock R to side (6), recover L (&)□06:00
- 7&8& Cross rock R over L (7), recover L (&), rock R to side (8), recover L (&) 06:00





牆數:2

A[41 – 48] \Box Weave L, touch R behind L unwind ½ R, sweep L, cross L, ¼ L syncopated coaster step back R \Box

- 1&2&
 Cross R over L (1), step L to side (&), cross R behind L (2), step L to side (&)□06:00

 3&4&
 Cross R over L (3), step L to side (&), touch R behind L (4), make a ½ turn R on R

 (&)□12:00
 Sweep L fw. (5), cross L over R (6), turn ¼ L stepping back R (&)□09:00
- 7-8 Step L next to R (7), step fw. R (8)□09:00

A[49 – 56] \Box Step ½ turn R, step ½ turn R, step ½ turn R, rock fw. L recover R, ½ turn L, step ½ turn L, ¼ L side step R touch L, side step L touch R \Box

- 1&2& Step fw. L (1), make a ½ turn R stepping down R (&), Step fw. L (2), make a ½ turn R stepping down R (&),□09:00
- 3&4& Step fw. L (3), make a ½ turn R stepping down R (&), rock fw. L (4), recover R (&)□03:00
 5-6& Make a ½ turn L stepping down L (5), step fw. R (6), make a ½ turn L stepping down L (&)□03:00
- 7&8& Turn ¼ L step R to side (7), touch L next to R (&), step L to side (8), touch R next to L (&)□12:00

Part B - 28 counts - 2 wall

B[1 – 8] Basic R, basic L, side rock, cross $\frac{1}{4}$ R back, turn $\frac{1}{4}$ R and sway, recover L drag R next to L		
1-2&	Step R to side (1), close L behind R (2), cross R over L (&) \Box 12:00	
3-4&	Step L to side (3), close R behind L (4), cross L over $R\Box$ 12:00	
5&6&	Rock R to side (5), recover L (&), cross R over L (6), turn ¼ R stepping back L (&)□03:00	
7-8	Turn $\frac{1}{4}$ R and sway R (7), recover L and drag R next to L (8) \Box 06:00	

B[9 – 16] Basic R, basic L, side rock, cross ¼ R back, turn ¼ R and sway, recover L drag R next to L

- 1–2& Step R to side (1), close L behind R (2), cross R over L (&) \Box 06:00
- 3-4& Step L to side (3), close R behind L (4), cross L over R□06:00
- 5&6& Rock R to side (5), recover L (&), cross R over L (6), turn ¼ R stepping back L (&)□09:00
- 7-8 Turn ¼ R and sway R (7), recover L and drag R next to L (8) 12:00

B[17 – 24] \Box Side R, behind side step fw L, step fw. R ½ turn L. rocking chair fw, back, extended lock step fw. R \Box

- 1-2& Step R to side (1), cross L behind R (2), step R to side (&) 12:00
- 3-4& Step fw. L (3), step fw. R (4), make a ½ turn L stepping down L (&) 06:00
- 5&6& Rock fw. R (5), recover L (&), rock back R (6), recover L (&) 06:00
- 7&8& Step fw. R (7), lock L behind R (&), step fw. R (8), lock L behind R (&) 06:00

B[25 – 28] \Box Step fw. R and sweep L, syncopated jazz box L \Box

- 1-2& Step fw. R and sweep L (1), cross L over R (2), step back R (&) 06:00
- 3-4 Step L to side (3), touch R next to L (4) 06:00

Tag1&3:□□

- [1 8]□Figure 8 R□
- 1-2& Step R to side (1), cross L behind R (2), turn ¼ R stepping down R (&)
- 3-4& Step fw. L (3), make a ¹/₂ turn R stepping down R (4), turn ¹/₄ R stepping L to side (&)
- 5-6& Cross R behind L (5), turn ¼ L stepping down L (6), step fw. R (&)
- 7-8 Make a ¹/₂ turn L stepping down L (7), turn ¹/₄ L on L sweep R and touch R next to L (8)

[9-16] Repeat counts 1-8

Tag 2:□□

- [1-4] Basic R, basic L
- 1-2& Step R to side (1), close L behind (2), cross R over L (&)
- 3-4& Step L to side (3), close R behind L (4), cross L over R (&)