Heavily Armed



拍數: 32 牆數: 4 級數: Intermediate

編舞者: Paul McAdam (UK) - April 2015

音樂: An Angel On Each Arm - Robin Thicke: (Album: Love After War - iTunes)



Start dancing on lyrics

KICK BALL SIDE, 1/4 LEFT AND KICK, WALK BACK, BEHIND-SIDE-CROSS TURNING 1/4 RIGHT

1&2 Kick right forward, step right together, big step left side 3-4 Turn ¼ left and kick right forward, step right back

5-6 Step left back, step right back

7&8 Step left back, turn 1/4 right and step right together, cross left over

TOUCH, BEHIND, ROCK SIDE, CROSSING CHASSÉ, CHASSÉ TURNING ½ RIGHT, SWEEP, CROSS

1-2 Touch right diagonally forward, cross right behind

3& Rock left side, recover to right4&5 Crossing chassé left-right-left

Turn ¼ right and step right forward, turn ¼ right and step left side, cross right over

8& Sweep left back to front, cross left over

ROCK SIDE, BEHIND-SIDE-CROSS, ROCK SIDE, BEHIND-SIDE-CROSS TURNING 1/4 RIGHT

1-2 Rock right side, recover to left
3&4 Behind-side-cross right-left-right
5-6 Rock left side, recover to right

7&8 Cross left behind, step right side, turn ¼ right and step left forward

TWO WIZARDS, FULL PADDLE TURN

1-2&	Step right diagonally forward, lock left behind, step right forward
3-4&	Step left diagonally forward, lock right behind, step left forward
5&	Step right forward, turn ¼ left (weight to left)
6&	Step right forward, turn ¼ left (weight to left)
7&	Step right forward, turn ¼ left (weight to left)
8&	Step right forward, turn ¼ left (weight to left)