Straight Jacket

拍數: 32

級數: Novice

編舞者: Kelly Cavallaro (USA) - April 2015

音樂: Lose My Mind - Brett Eldredge

[1-8] Ullks, Rock with a ¼ turn, Walk backwards

- 1,2,3& Walk forward L,R,L,R
- 4,5 Rock forward on L, rock back on R doing a ¼ turn to the left
- 6& Walk back L,R
- 7,8 Walk back L,R

[9-16] CRock and cross x2, Monterey with ¼ turn

- 1&2 Rock left foot out to L, recover on R, cross L in front of R
- 3&4 Rock right foot out to R, recover on L, cross R in front of L
- 5,6 Point left foot out to L, bring left foot to right doing a ¼ turn to the L (weight is on the L)
- 7,8 Point right foot to R, step R next to L

[17-24] Mambo steps, Points

- 1&2 Step forward L, step back R, step L next to R
- 3&4 Step back R, step forward L, step R next to L
- 5,6 Point left foot forward twice
- 7,8 Point left foot to L twice (weight remains on R)

[25-32] Diagonal triple, points, diagonal triple

- 1&2 Triple L,R,L at a diagonal (7:30)
- 3,4 Point right foot forward twice
- 5,6 Point right foot to R twice (weight remains on L)
- 7&8 Triple R,L,R at a diagonal (4:30) (dance ends facing 6:00)

REPEAT AND ENJOY!!!

Restarts:

~1st Restart: On The 3rd Wall After 20 Counts (Just After The Mambo Steps, Restart Facing 6:00) ~2nd Restart: On The 7th Wall (Facing 12:00) After 8 Counts (Restart Facing 9:00, This Puts The Dance Finishing At 3:00 And 9:00 Instead Of 12:00 And 6:00)

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牆數:2