

Ring Ring

COPPER KNOB
STEPPERS

拍數: 48 牆數: 4
編舞者: Antida Borg - May 2015
音樂: Ring Ring - ABBA

級數: Intermediate



*2 Tags

#1st on 2nd Wall

##2nd on 5th Wall □

[1 – 8] 2 Kick Ball Change, Twists

- 1& RF Kick Ball
- 2 LF Point to side
- 3& LF Kick Ball
- 4 RF point to side
- 5,6,7,8 RF Twist to R, L, R, L

[9 – 16] 2 Chasse, Charleston, Close & Point

- 1&2 PF Chasse
- 3&4 LF Chasse turning 1/2
- 5 RF Step forward
- 6 LF Kick forward
- 7 LF Back
- 8 RF Close to LF with a point

[17 – 24] 2 Side Dips & Point, 3/4 Spot Turn

- 1 RF to side dip (Hip Bump Action)
- 2 LF Point to side
- 3 PWT weight on LF (Hip bump Action)
- 4 RF Point to side
- 5-6 RF 3/4 Spot turn ending weight on LF
- 7 RF Walk forward
- 8 LF Walk forward

[25 – 32] Point L & R, Close R & L, Swivel 1/2 Turn

- 1 RF Point L over R
- 2 RF Point to R side
- & RF close to L
- 3 LF point to Side
- & LF close to R
- 4 RF point to Side
- 5 RF Step forward
- 6 Swivel 1/2 Turn to Right
- 7 LF Step forward
- 8 Hold

[33 – 40] Points forward with R & L

- 1 RF Point forward
- 2 RF close to LF
- 3 LF Point forward
- 4 LF Close to RF
- 5& RF Point Forward & Close to LF
- 6& LF Point Forward & Close to RF

7& RF Point Forward & Close to LF
8& LF Point Forward & Close to RF

[41 – 48] Walk forward R & L, Monterey 1/2 Turn, Step Lock Step

1 RF Step forward
2 LF Close to RF
3 RF Point to side
4 RF Close to LF, turning 1/2
5 LF Point to side
6 LF Close to RF with a point
7 LF forward step
&8 Lock RF behind LF, LF Forward step

START AGAIN

TAG - OF 16 COUNTS - (Shimmy , Coaster 1/2 Turn)

1-4 Shimmy to R
5 Flick RF over L
6 Flick RF to Right side
7&8 Coaster 1/2 Turn

Shimmy, Flicks & Twists

1 - 4 Shimmy to R
5 RF Heel Forward
6 RF Back Flick , touch with Right Hand
7 RF Heel forward
8 RF Back flick touch with Right Hand

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